



*Facing challenges
with child or
elder care?*

Your EAP can help

Child Care and Elder Care Benefits

Because child and elder care issues are so prevalent, we address them in a special way. While counseling and referral services are always available, we also provide access to a variety of dependent care information and assistance. When you call the EAP, a specialist will conduct a search for local elder or child care providers and deliver a list of local services. We also have a full array of child and elder care self-help resources on our member-website that includes a collection of articles, tools and links.

And for those contemplating child adoption, we provide adoption information and resources.

If you need assistance with finding child care resources or you are dealing with the challenges of being a caregiver, call the EAP toll free number or log on to www.theEAP.com. Your EAP can help.

To access the Child Care and Elder Care benefits, log on to our website:

www.theEAP.com

- Click on the "Employee & Family Login" button
- Click on "Register here" (or sign in if you have previously registered)
- Enter your Employer and click on the Continue button - your employer's name will appear; select the button and click Continue
- Create your own username and password by filling out the Registration Form and then click Continue. You only need to register once.
- Or you can call one of our counselors who can mail the information to you.

1-800-252-4555 or 1-800-225-2527