As an educator, you face unique challenges …

Today, educators face special challenges – budget cuts, students at risk, parental issues. In addition to these on-the-job stressors, you juggle the ***challenges*** of personal and family issues.

Usually, we can handle problems on our own, but sometimes it makes sense to ***reach out*** for help.

Educators' EAP provides the benefits and ***solutions*** to help you and your family deal with virtually any personal issue you may encounter. In addition, we provide the ***resources*** you need to deal with professional issues. We're the only EAP specifically designed to address the ***unique*** challenges faced by educators.

And because your employer has covered the entire cost of services, there is ***no cost*** to you.

Getting the help you need

Call anytime for confidential assistance. To reach a counselor for any of your EAP needs, call toll free:

1-800-666-5327 or
1-800-252-4555 or log on to
www.EducatorsEAP.com

- ***Counseling Benefits***
  Help with personal issues from relationships to stress and substance abuse.
- ***Work/Life Benefits***
  Assistance for other personal, financial and legal issues.
- ***Educator Resource Centers***
  Tools, links, and articles on hot-button issues, challenges and opportunities facing you and your students.
- ***Information Resource Benefits***
  Access a vast collection of self-help tools and articles.
- ***Lifestyle Benefits***
  Discounts and savings plans to help with fitness, smoking cessation, and retirement and college planning.
- ***Personal Development Benefits***
  Help balancing your work, life and career.
- ***Wellness Benefits***
  Information and resources to improve your overall wellness.

Educators' EAP
A division of ESI

Introducing your

Educators' EAP

How does the EAP work?

Getting the help you need is simple. You can call the EAP 24 hours a day, 7 days a week to reach a professional counselor. Call our toll free number: **1-800-666-5327** or **800-252-4555** or log on to the Web at: **www.EducatorsEAP.com** to access other benefits.

More benefits for you

Your EAP provides access to more problem solving solutions than any other EAP. And nearly 99% of those who use the EAP are satisfied with the experience.

Counseling Benefits

Many complex issues are best resolved with counseling assistance from a behavioral health professional. You will want to consider calling for help if you encounter problems such as:

- Relationship and family issues
- Depression, stress, or anxiety
- Grief or loss of a loved one
- Eating disorders or substance abuse
- Workplace difficulties

When you call, you connect immediately with a counselor. Each of our experienced counselors has a Masters or Ph.D. level of training. Should you need to be referred to a local counselor for personal visits, we have more than 25,000 providers available to ensure that you will have a counselor near your home or workplace.

Work/Life Benefits

Assistance for other personal, family, financial, and legal issues is available. We offer a broad range of solutions for your everyday work/life problems. These may include:

- Debt restructuring
- Legal problems not related to employment
- Childcare or eldercare
- Financial information
- Real estate and tenant/landlord concerns
- Interpersonal skills with family and co-workers

We have thousands of financial, legal and debt counseling professionals located across the U.S. and Canada to serve your needs.

Information Resource Benefits

Sometimes the best solution to a problem comes from finding the right information. That's why we have created Information Resources – a vast collection of thousands of self-help tools and informative articles that covers virtually every problem you might face. You can call or log on to the website to access these benefits. Some of the resources available include:

- **Behavioral Health** - Information covering everything from alcohol abuse to personal stress
- **Financia**l - Articles, tools and information to help with virtually every financial question
- **Legal Information** - Topics ranging from adoption to wills

Educator Resource Centers

Our online Resource Centers offer educator-specific tools, links, and articles on hot-button issues, challenges and opportunities facing you and your students, such as:

- Budget Boosters for Educators: Money-Saving Tools and Tips
- Parental Challenges
- Social Networking for Educators
- Managing the Classroom
- Cyber-Safety Resource Center

Lifestyle Benefits

Lifestyle Benefits include discounts and savings plans to enhance your quality of life. Call or check the website for special nutrition planning, fitness, smoking cessation, weight loss, and retirement/college planning benefits.

Personal Development and Training Benefits

Balance your work, life and career objectives with the help of the Personal Development Program. Visit EducatorsEAP.com for tutorials, exercises and worksheets.

Wellness Benefits

The wellness benefit offers information and resources to improve you and your family's overall wellness including stress reduction, fitness and diet.

www.EducatorsEAP.com