

Town of Natick Board of Health  
NATICK 180 Awareness & Education Action Team  
Meeting Notice  
Monday, September 11th, 2023 at 10:00 AM

This meeting will be conducted by remote participation. Attendance will only be through the process described below.

Zoom Meeting - Remote Participation

**Join Zoom Meeting**

<https://us06web.zoom.us/j/84470457277?pwd=QVRkcHpYUFFhdzFWaFdMNm41ZGdaZz09>

Use your computer's audio (speakers & microphone) or phone (instructions on screen).

If unable to use a computer or smartphone, call into any one of the following numbers:

Dial by your location

+1 929 205 6099 US (New York)

+1 301 715 8592 US (Washington DC)

If prompted, below is the meeting ID as well as the Passcode: **Meeting ID: 844 7045 7277 Passcode: 622466**

**AGENDA**

1. Citizens' Concerns: Any individual may raise an issue that is not included on the agenda and it will be taken under advisement by the Action Team. There will be no opportunity for debate during this portion of the meeting. Any individual addressing the Action Team during this section of the agenda shall be limited to two minutes.
2. Vote on July 24th and August 21st minutes
3. Updates/Announcements
  - a. Adult Mental Health First Aid Training
4. Recap of Past Month's Activities
  - a. Purple Flag Project Installations
  - b. Farmer's Market/Multicultural Day
  - c. RedHawk Fest
  - d. International Overdose Awareness Day - Community Resource Night in Wayland
  - e. Natick Days
5. Upcoming Events
  - a. FFDA - Family Caregiver Toolkit Webinar (September 13th)
  - b. Recovery Month Events and Campaigns
  - c. SPARK Kindness:
    - October 3rd at 7:00 PM - "How to prevent and respond to cyberbullying" with Sameer Hinduja (October is Bullying Prevention Month)
    - October 18th at 7:00 PM at Natick High School - Raising Connected, Capable and Compassionate Adolescents "The Emotional Lives of Teenagers" book with author Lisa Damour.
6. Discussion
  - a. Natick 180 Town Hall - 10/25
  - b. Natick 180 Retreat - 11/8
  - c. Natick 180 Community Mailer
  - d. Ideas for the rest of 2023 - 2nd Act; panel event on youth substance use; positive assets campaign; coach/sports team trainings; Screenagers viewing
7. Summary and next steps
  - a. Set next meeting date for October 2023