

Town of Natick Board of Health
NATICK 180 Awareness & Education Action Team
Meeting Notice
Tuesday, October 10th, 2023 at 10:00 AM

This meeting will be conducted by remote participation. Attendance will only be through the process described below.

Zoom Meeting - Remote Participation

Join Zoom Meeting

<https://us06web.zoom.us/j/84470457277?pwd=QVRkcHpYUFFhdzFWaFdMNm41ZGdaZz09>

Use your computer's audio (speakers & microphone) or phone (instructions on screen).

If unable to use a computer or smartphone, call into any one of the following numbers:

Dial by your location

+1 929 205 6099 US (New York)

+1 301 715 8592 US (Washington DC)

If prompted, below is the meeting ID as well as the Passcode: **Meeting ID: 844 7045 7277 Passcode: 622466**

AGENDA

1. Citizens' Concerns: Any individual may raise an issue that is not included on the agenda and it will be taken under advisement by the Action Team. There will be no opportunity for debate during this portion of the meeting. Any individual addressing the Action Team during this section of the agenda shall be limited to two minutes.
2. Vote on September 11th meeting minutes
3. Updates/Announcements
 - a. Natick 180 Town Hall - late January
 - b. Natick 180 Retreat - November 8th
4. Recap of Past Month's Activities
 - a. FFDA - Family Caregiver Toolkit Webinar (September 13th)
 - b. Recovery Month Events and Campaigns (Narcen Training, Sober in the Suburbs event, Clean Up)
 - c. SPARK Kindness: October 3rd at 7:00 PM - "How to prevent and respond to cyberbullying" with Sameer Hinduja
5. Upcoming Events
 - a. SPARK Kindness:
 - October 18th at 7:00 PM at Natick High School - Raising Connected, Capable and Compassionate Adolescents "The Emotional Lives of Teenagers" book with author Lisa Damour
 - b. QPR Training
 - c. Red Ribbon Week
 - d. NHS Recovery Speakers
 - e. Prescription Drug Take Back Day
6. Discussion
 - a. Natick 180 Community Mailer
 - b. Resource magnet
 - c. Events for Jan/Feb 2024 - Swim Tuff & panel event on youth substance use/Miriam Schizer
 - d. Ideas for the rest of 2023 - 2nd Act; panel event on youth substance use; positive assets campaign; coach/sports team trainings; Screenagers viewing
7. Summary and next steps
 - a. Set next meeting date for November 2023

Agenda items will be addressed in an order determined by the meeting facilitator.