

Town of Natick Board of Health
NATICK 180 Awareness & Education Action Team
Meeting Notice
Tuesday, December 12th, 2023 at 10:00 AM

This meeting will be conducted by remote participation. Attendance will only be through the process described below.

Zoom Meeting - Remote Participation

Join Zoom Meeting

<https://us06web.zoom.us/j/84470457277?pwd=QVRkcHpYUFFhdzFWaFdMNm41ZGdaZz09>

Use your computer's audio (speakers & microphone) or phone (instructions on screen).

If unable to use a computer or smartphone, call into any one of the following numbers:

Dial by your location

+1 929 205 6099 US (New York)

+1 301 715 8592 US (Washington DC)

If prompted, below is the meeting ID as well as the Passcode: **Meeting ID: 844 7045 7277 Passcode: 622466**

AGENDA

1. Citizens' Concerns: Any individual may raise an issue that is not included on the agenda and it will be taken under advisement by the Action Team. There will be no opportunity for debate during this portion of the meeting. Any individual addressing the Action Team during this section of the agenda shall be limited to two minutes.
2. Vote on September 11th / October 10th / November 14th meeting minutes
3. Updates/Announcements
 - a. SOAR fundraiser
 - b. Natick 180 Mailer
 - c. METCO collaborations
4. Recap of Past Month's Activities
 - a. QPR Training (11/14)
 - b. Screenagers Viewing (11/15)
 - c. Dr. Medina Webinar - Tips for Talking with Your Teen about Drugs and Alcohol in Today's World (12/5)
 - d. SPARKing Gratitude in Ourselves and Others (12/6/23)
5. Upcoming Events
 - a. Natick is United - Being LGBTQ+ in Natick (12/14/23)
 - b. Annual Vigil (12/17)
 - c. Sober in the Suburbs - Dry January Event (1/4/24)
 - d. MLK Day Celebration (1/15/24)
6. Discussion
 - a. Planning a Dr. Medina follow-up event/panel discussion for early 2024
 - b. New Years Resolution themed event - showcase mocktail options, other ideas?
 - c. Spring virtual event for high school graduating seniors and their parents/caregivers
 - d. Other ideas for 2024 - Swim Tuff; panel event on youth substance use/Miriam Schizer; 2nd Act; positive assets campaign; Screenagers viewing
7. Summary and next steps
 - a. Set next meeting date for January 9, 2023