



**Natick 180 Awareness & Education
Action Team Meeting
February 11th, 2020, 8:30 – 10:00 AM
Natick High School
15 West St., Natick**

Total Attendees (13)

Attendee	Sector Membership	Agency / Organization
Marie Caradonna	Civic / Local group	OUT MetroWest
Fiona Daly	Youth	Natick Above the Influence
Jennifer Garb-Palumbo	Schools	Natick Public Schools
Sarallyn Keller	Religious / Fraternal Organization	First Congregational Church
Nina Levine	Natick 180 / Natick Health Department	Natick 180 Staff
Frank Lombardo	Law Enforcement	Food and Drug Administration
Michelle Marotta	Civic / Local Group	SPARK Kindness
Lauren Meurer	State / Local Government	Natick Recreation & Parks
Kennedy O'Keefe	Youth	Natick Above the Influence
Hayley Sonneborn	Schools	School Committee
Betsy Steinberg	Schools	Natick Public Schools
Katie Sugarman	Natick 180 / Natick Health Department	Natick 180 Staff
Shirley Toumayan Miller	Parent	Natick Resident

AGENDA:

1. Citizens' Concerns
2. Approval of Minutes
3. Announcements
4. CADCA Conference Update
5. Chris Herren "The First Day" and Discussion Question Development
6. Earmark Fund Conversation
6. Summary and next steps

Agenda items will be addressed in an order determined by the chair.

Next coalition meeting: March 10th, 2020, 8:30 - 10:00 am

Topic	Discussion	Action Items / Decisions
Citizens' Concerns	None.	
Approval of Minutes	The minutes from January 2020 were approved.	
Announcements	<ul style="list-style-type: none"> ● SPARK Kindness & Natick is United Event: "I'm Not a Racist, Am I?" video and discussion was really powerful and well received by the audience of about 250 people. Some follow-up resources will be shared. ● SPARK Kindness and Family Resources of Natick 3-part event with Jeanine Fitzgerald: These events are targeting parents of preschool and elementary-aged children. The first program in the series is Thursday, February 13th, the second is Thursday, March 26th and the last one is Thursday, April 16th. ● SPARK Kindness and Natick 180 Dealing with Stress & Anxiety in Children: A Group for Parents and Caregivers is a 3-part facilitated group with trained counselor, Jon Mattleman. It's for parents of elementary-aged parents and it will address emotions with a particular focus on stress and anxiety and building protective factors. It's limited to 30 people. The dates are all in March. ● SPARK Kindness Event: Centering Justice & Joy in Your Child's Library – is on Tuesday, March 17th with Zetta Elliot. ● The After Prom Party is earlier this year and happening on Friday, May 1. The planning group is looking for help and volunteers. ● OUT MetroWest is holding their annual trivia friend-raiser on April 4th in Framingham. A flyer will be circulated. ● Ms. Levine announced that she has been in touch with Jeff Allison, a previous Major League Baseball recruit from Peabody who has a history of substance use. The Natick 180 staff had briefly discussed the possibility of bringing him to Natick to talk to student athletes. Ms. Levine has been in touch with the Natick Athletic Director. 	
CADCA Conference Updates	The group welcomed two Natick Above the Influence students, Kennedy O'Keefe and Fiona Daly, to present an update on the Community Anti-Drug Coalitions of America (CADCA) Conference that they attended.	

	<p>Ms. O’Keefe explained that she went to 4 workshops over the course of the conference. The first one was on how to say no to drugs and alcohol, the second one was about vaping, the third one related to advocacy, and the last one was about powdered alcohol. She mentioned how it was great to have conversations around substance use with various places across the United States that are doing prevention work Ms. O’Keefe was impressed with how some groups were working with elementary-aged students. She mentioned that some schools were working on similar vaping initiatives to Natick, but there were others that did not have any programs in place. Both Ms. Daly and Ms. O’Keefe were surprised to hear that there were some schools where kids are vaping in the hallways and teachers are not doing much about it.</p> <p>Ms. Garb-Palumbo asked about what empowerment skills were useful. Ms. O’Keefe and Ms. Daly reported that the advocacy meeting was helpful for them in developing an elevator pitch when talking to people about the work NATI is doing.</p> <p>Ms. O’Keefe and Ms. Daly also reported that Mr. Hoye, a Dean at the High School, came to their NATI meeting on Monday, February 10th to talk about the vaping cessation program and how the school can be a better resource to students who are struggling with nicotine addiction.</p> <p>The group continued to discuss some of the concerns around vaping in the schools and how to promote the vaping cessation protocol and the idea that there are trusted adults in the schools that are there to help students rather than penalize them.</p> <p>Ms. Marotta mentioned the possibility of developing a “toolkit” that would be helpful when students are trying to quit vaping. It would be a way for adults to show that they are ready and willing to help with items to help curb cravings, de-stress, etc.</p> <p>Ms. Sonneborn thought that the NATI students should go into the mentoring program to talk to freshmen about substances. So far, that’s not something that NATI has done, but Ms. O’Keefe and Ms. Daly mentioned that they had briefly discussed that when Mr. Hoye came to the NATI meeting as something they could potentially do.</p>	
<p>Chris Herren “The First Day” and Discussion Question Development</p>	<p>The Natick Innovation and Learning (NILS) Summit was rescheduled and is now happening in the form of some afterschool programming. The Natick 180 team has received approval from the schools to show the Chris Herren “The First Day” film as part of one of those afterschool sessions that schools personnel can sign-up to attend.</p> <p>The group discussed that it would be great for high school coaches to see that film as well and suggested reaching out to Tim Collins, the Athletic Director at the high school.</p>	<p>Ms. Levine will develop a flyer for the film viewing and discussion to send to Mr. Downing and Mr. Collins.</p>
<p>Earmark Fund Conversation</p>	<p>This year, Natick received a legislative Earmark for funds to be spent on public health, opioids and veterans. The monies need to be spent by the end of June and there are some restrictions on what the monies can and cannot be spent on. Ms. Sugarman sent a master list of ideas to the Town Administrator.</p> <p>There were some ideas around monies for the After Prom Party, and Ms. Sugarman mentioned that she has requested to use some of the Drug Free Communities grant carryover funds for that some of those needs. She mentioned that she is awaiting approval from grant officers for that.</p>	<p>Ms. Sugarman will check on some of the items discussed.</p>

	<p>The group discussed possibly using the funds for a speaker, for some educational components around prom and graduation season, reward incentives like gift cards for completing the vaping cessation protocol, conference attendance, and maybe some educational videos. Ms. Sugarman will do some follow-up on the items discussed.</p>	
<p>Next Steps</p>	<p>Next coalition meeting: Tuesday, March 10th from 8:30am-10am (at Natick High School, faculty dining room)</p>	