



**Natick 180 Awareness & Education
Action Team Meeting
March 10th, 2020, 8:30 – 10:00 AM
Natick High School
15 West St., Natick**

Total Attendees (14)

Attendee	Sector Membership	Agency / Organization
Marie Caradonna	Civic / Local group	OUT MetroWest
Jennifer Garb-Palumbo	Schools	Natick Public Schools
Beth Heffler	Law Enforcement	Natick Police / School Resource Officer
Sarallyn Keller	Religious / Fraternal Organization	First Congregational Church
Nina Levine	Natick 180 / Natick Health Department	Natick 180 Staff
Frank Lombardo	Law Enforcement	Food and Drug Administration
Michelle Marotta	Civic / Local Group	SPARK Kindness
Lauren Meurer	State / Local Government	Natick Recreation & Parks
Fotios Mpouris	Other Substance Misuse Agency	SMOC
Jacqui Peck	Other Substance Misuse Agency	SMOC
Hayley Sonneborn	Schools	School Committee
Katie Sugarman	Natick 180 / Natick Health Department	Natick 180 Staff
Shirley Toumayan Miller	Parent	Natick Resident
Annette Ziegler	Schools	Natick Public Schools

AGENDA:

1. Citizens' Concerns
2. Approval of February Minutes
3. Announcements
 - a. SPARK Kindness programming
 - b. Natick 180 Public Coalition Meeting
4. Finalize Chris Herren session details
5. Earmark Fund Discussion
 6. Assessment Activities Update
 - a. Coalition Member Survey
7. Summary and next steps

Agenda items will be addressed in an order determined by the chair.

Next coalition meeting: April 14th, 2020 from 8:30am-10am

Topic	Discussion	Action Items / Decisions
Citizens' Concerns	None.	
Approval of Minutes	The minutes from February 2020 were approved.	
Announcements	<ul style="list-style-type: none"> ● SPARK Kindness programming: <ul style="list-style-type: none"> - The Jon Mattleman series called "Dealing with Stress & Anxiety in Children: A Group for Parents/Caregivers" had a good turnout the first 2 sessions. The final session is March 16th. SPARK Kindness hopes to run the group again in the fall. (After the meeting concluded, the final session was cancelled due to COVID-19 concerns) - On April 6th, Dr. Christine Carter will be speaking as part of "The New Adolescence: Raising Happy and Successful Teens" program. - On April 17th, Zeta Elliot is going to be having a conversation that is around the power of books and their power to be mirrors and windows to build empathy. The programming is targeting caregivers, educators and parents. - Kindness Week will begin March 29th and run through April 5th. The hope is that it will be an opportunity to show all the kind things happening amongst our community partners. The goal is to spread kindness and engage all community partners to show Natick's kindness towards one another. ● Natick 180 Public Coalition Meeting will be Wednesday, March 18th from 8:30am-10am in the Natick High School Faculty Dining Room. The Natick Above the Influence students who attended the Community Anti-Drug Coalitions of America (CADCA) conference will be presenting on the trip and what they hope 	

	<p>to bring back to the coalition. (After the meeting concluded, this meeting was cancelled due to COVID-19 concerns).</p> <ul style="list-style-type: none"> • Natick 180 was approached by Framingham FORCE about working together to bring in a speaker. Natick 180 and Framingham FORCE have been in contact with David Sheff and Nic Sheff, both portrayed in the major motion picture “Beautiful Boy” based on a book written by David. The group decided to offer David a similar rate to Nic and check about having them speak on April 27th rather than the initial date of April 13th. (In light of COVID-19 concerns, this event has been postponed to an undetermined future date). • Natick Above the Influence (NATI) is going to be meeting with Needham’s Youth Group called Students Advocating Life without Substance Abuse (SALSA) to see how the 2 youth groups can work together. • Recreation and Parks is going to be hosting a dance party on March 20th from 7:30pm-9:30pm at Wilson Middle School. It’s for students in grades 6th through 8th. There will be a photo booth, inflatables, and ice cream. Recreation and Parks wants to remind teens that the teen center is a resource for them to use. (After the meeting concluded and in light of COVID-19 concerns, this event has been cancelled). 	
<p>Finalize Chris Herren Session Details</p>	<p>A document was distributed with questions for the Chris Herren “The First Day” film viewing and discussion as part of the Natick Innovation and Learning Summit (NILS) session. The group discussed that it would be important to get general themes of the movie from the group as well as concerns that come from it. The group also said that it’s important to have next steps and give people more resources if they don’t feel comfortable having difficult conversations with youth. Ms. Sugarman announced that Drug Free Communities (DFC) grant monies have been set aside to host a Mental Health First Aid training of trainers. It would be a great opportunity to train a diverse group of people, but also host several trainings in the community after.</p> <p>The Mental Health First Aid training is 3, 8-hour days. It’s an evidence based program that treats mental health like CPR to train people in the basics of a mental health emergency. It would allow the coalition to have up to 16 people trained in how to recognize a mental health crisis, how to triage in the moment, and then help connect people to resources. Ms. Sugarman and Ms. Levine will look into possible dates.</p>	
<p>Earmark Funds Discussion</p>	<p>A handout was distributed explaining some of the places within the coalition where monies are planning to be spent. The monies have been designated to public health, opioids, and veterans services.</p> <p>For the videos, Ms. Sugarman asked the group if anyone would be interested in participating or advising through that process. The Coalition worked on some videos in the past with community members. The Coalition would be looking to contract with an organization or company to manage the videos and editing components.</p> <p>Ms. Sugarman mentioned that there have been discussions in the Steering Committee about putting out another community wide mailer. The last time that was done was in 2017. It would be great to put out a new mailer that still raises the community’s awareness about why the topic of substance use remains urgent and why Natick needs to invest in these resources. However, it would be important to communicate progress that has been made as well as newly established resources and explain what Natick 180 is.</p> <p>In reference to the David and Nic Sheff event, Ms. Ziegler mentioned that it would be great to get a couple copies of the books that both Nic and David Sheff wrote to give to</p>	

	<p>the students in the North Star program. Ms. Marotta also mentioned checking with the local and school libraries to make sure they have copies of them.</p> <p>At a previous meeting, Ms. Garb-Palumbo said that it would be great to have “toolkits” for the vaping cessation program. Ms. Garb-Palumbo will identify what should be in those kits and look at WB Mason to see what is available. Ms. Sugarman mentioned that we could likely provide gift cards to those students who complete the vaping cessation protocol.</p> <p>Ms. Sugarman reported that she requested DFC carry-over funds to be used for the After Program party and is waiting to hear back. She mentioned that Earmark funds could be used for some of this as well.</p> <p>Earmark funds could be used to send some people to the New England School of Addiction and Prevention Studies (“Summer School”).</p> <p>The group discussed wanting to have an assembly school speaker for parents and students. This will be discussed more in the future.</p>	
Assessment Activities Update	Ms. Levine announced that the Coalition Member Survey will be going out via email, hopefully by the end of March.	
Next Steps	<p>Next action team meeting: Tuesday, April 14th from 8:30am-10am, Natick High School, faculty dining room.*</p> <p><i>*MEETING NOTE: April Action Team meeting will be changed due to COVID-19 concerns; Natick 180 staff will set a new date via email with action team members and post date and agenda publicly when finalized.</i></p>	