



**Natick 180 Awareness & Education
Action Team Meeting
April 14th, 2020, 9:00-10:00 AM
Virtual - GoToMeeting**

Total Attendees (14)

Attendee	Sector Membership	Agency / Organization
Marie Caradonna	Civic / Local group	OUT MetroWest
Astrid Dretler	Natick 180 / Natick Health Department	Natick 180 Staff
Jennifer Garb-Palumbo	Schools	Natick Public Schools
Beth Heffler	Law Enforcement	Natick Police / School Resource Officer
Sarallyn Keller	Religious / Fraternal Organization	First Congregational Church
Nina Levine	Natick 180 / Natick Health Department	Natick 180 Staff
Michelle Marotta	Civic / Local Group	SPARK Kindness
Lauren Meurer	State / Local Government	Natick Recreation & Parks
David Rabinovitz	Business	Entrepreneur
Hayley Sonneborn	Schools	School Committee
Betsy Steinberg	Schools	Natick Public Schools
Katie Sugarman	Natick 180 / Natick Health Department	Natick 180 Staff
Shirley Toumayan Miller	Parent	Natick Resident
Denise Twiss	Schools	Natick Public Schools

AGENDA:

1. Citizens’ Concerns
2. Approval of March Minutes
3. Announcements
4. Educational Initiatives in the Time of COVID-19
 - a. National Prevention Week Social Media (May 10, 2020-May 16, 2020)
 - b. Virtual Workshops
 - c. Online Book Club
5. COVID-19 Resource Feedback and Endorsements
6. Summary and next steps

Agenda items will be addressed in an order determined by the chair.

Next coalition meeting: April 28th, 2020 from 9am-10am

Topic	Discussion	Action Items / Decisions
Citizens’ Concerns	None.	.
Approval of Minutes	The minutes from March 2020 were approved.	
Announcements	<ul style="list-style-type: none"> ● Ms. Dretler announced that the 2020 Coalition Member Survey will be going out soon. It is a 25 question survey on SurveyMonkey that will be sent out via email. It will be helpful in improving the coalition management and strategies moving forward. ● The “Learn a Better Way” Family Communication Skills Workshop will be moving to an online platform due to COVID-19. Moving it online might also address some of the other barriers to participation in the workshop such as ability to make the meeting times. Ms. Sugarman will connect with the Natick Service Council in regards to the people who were previously signed up for the in-person workshop dates. There was some discussion around privacy concerns and Ms. Sugarman and Ms. Levine will connect with the parent facilitators of the workshop to address these. The nature of the workshop requires participants to interact with one another. There was some discussion around whether a gift card could be offered to the parents or caregivers who participate in the group. Ms. Sugarman and Ms. Levine will check with the Public Health Director about whether this is possible and can add it as an “opt-in” feature to the Google Form sign-up. The group discussed ways to get the word out about the workshop. Ms. Marotta suggested that the Natick 180 staff make a flyer with the information to send to the MetroWest Chamber of Commerce. Ms. Sugarman is also sending it to some regional connections. ● OUT MetroWest is having all their groups meet virtually via Zoom. One of the positive notes to this is there have been some new participants that were not able to make in-person meetings because they were not able to get there. They are working on expanding their resources and sharing them via social media networks. ● Recreation and Parks has moved all of their programming to Facebook and YouTube. These programs include fitness classes, story time, and art projects. They are hoping to expand the range of options. 	<p>Ms. Sugarman and Ms. Levine will connect with the “Learn a Better Way” parent facilitators around privacy concerns. Ms. Sugarman and Ms. Levine will also check with the Public Health Director in regards to a gift card for workshop completion.</p>

	<ul style="list-style-type: none"> ● SPARK Kindness has tried to move their programming to an online platform. Ms. Guthery from SPARK Kindness did an online program around compassion that SPARK is hoping to make more widely available. The SPARK team is hoping to launch a small group for parents and caregivers of middle school students online. Send any helpful resources to Ms. Marotta so that SPARK can add them to their resource list. ● The After Prom Party is currently planned for May 22 although with COVID-19, it's not certain that it will happen. Ms. Heffler mentioned the possibility of combining the After Prom Party with Red Hawk Fest in August. The group discussed how this is a difficult time for students, particularly high school seniors because some exciting events for them will not be happening. Ms. Sugarman reported that during the last Steering Committee meeting, someone brought up how they saw a lot of cars circled around a parking lot with parents drinking and kids playing on a field. It's difficult for both the police department and the health department to monitor those activities. There needs to be positive promotion of social distancing and modeling those behaviors. ● Ms. Sonneborn mentioned that helpful resources for both parents and kids should be forwarded to Dr. Nolin to disseminate in her weekly e-blasts. Principals will also be doing their e-blasts again, so information could be sent to them as well. 	
Educational Initiatives in the Time of COVID-19	<p>A. National Prevention Week is May 10th through May 16th. It's an awareness week sponsored by the Substance Abuse and Mental Health Services Administration (SAMHSA). Each day has a different mental health or behavioral health topic. Ms. Levine will share a Google Document with the group to generate some ideas. Ideas can include a quote, slogan, statistics, etc. to go with the prevention theme of that day. Ms. Sugarman mentioned how it might be a good idea to ask people who serve the community around the different topics to do a quick video.</p> <p>B. Virtual Workshops. Ms. Levine asked the group about whether they should host a series of virtual workshops. She mentioned that Jon Mattleman, the former Director of Needham Youth and Family Services, has done some online programming (ex. The Secret Life of Teens and Tweens) and he might be a good person to reach out to about this. The group decided they would like to reach out to Mr. Mattleman about a presentation around handling mental health in the time of COVID-19. Ms. Levine will contact him. The group also decided they would like to see if the Nic and David Sheff event could be moved to an online platform. Ms. Sugarman will reach out to Framingham FORCE about this option.</p> <p>C. Online Book Club. This item was not discussed due to lack of time.</p>	<p>Ms. Levine will send around a Google Doc. for ideas for National Prevention Week.</p> <p>Ms. Levine will reach out to Jon Mattleman about an online workshop. Ms. Sugarman will reach out to Framingham FORCE about the possibility of an online event with Nic and David Sheff.</p>
COVID-19 Resource feedback and endorsements	This item was not discussed due to lack of time.	

Next Steps	The next meeting will be Tuesday, April 28th (in 2 weeks) from 9am-10am via GoToMeeting.	
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