



**Natick 180 Awareness & Education
 Action Team Meeting
 April 28th, 2020, 9:00-10:30 AM
 Virtual - GoToMeeting**

Total Attendees (11)

Attendee	Sector Membership	Agency / Organization
Marie Caradonna	Civic / Local group	OUT MetroWest
Astrid Dretler	Natick 180 / Natick Health Department	Natick 180 Staff
Jennifer Garb-Palumbo	Schools	Natick Public Schools
Beth Heffler	Law Enforcement	Natick Police / School Resource Officer
Sarallyn Keller	Religious / Fraternal Organization	First Congregational Church
Nina Levine	Natick 180 / Natick Health Department	Natick 180 Staff
Michele Marotta	Civic / Local Group	SPARK Kindness
Lauren Meurer	State / Local Government	Natick Recreation & Parks
Katie Sugarman	Natick 180 / Natick Health Department	Natick 180 Staff
Shirley Toumayan Miller	Parent	Natick Resident
Denise Twiss	Schools	Natick Public Schools

AGENDA:

1. Citizens' Concerns
2. Approval of April 14th, 2020 Minutes
3. Announcements
 - a. NATI Updates
 - b. SPARK Kindness

4. Educational Initiatives in the Time of COVID-19
 - a. Discuss changes to academic year and our role in celebrating seniors
 - b. National Prevention Week Social Media (May 10, 2020-May 16, 2020)
 - c. Virtual Workshop Updates
 - d. Online Book Club
5. COVID-19 Resource Feedback and Endorsements
6. Summary and next steps

Agenda items will be addressed in an order determined by the chair.

Next coalition meeting: The next coalition meeting will be determined via Doodle Poll.

Topic	Discussion	Action Items / Decisions
Citizens' Concerns	None.	
Approval of Minutes	The minutes from April 14 th , 2020 were approved.	
Announcements	<ul style="list-style-type: none"> ● NATI updates: Ms. Levine announced that the students from Natick Above the Influence (NATI) are continuing to meet virtually through Google Hangouts. The students have decided to host a "NATI Weekly Challenge" where they promote, on social media, a substance-free way to stay connected with friends. A new challenge will be posted weekly. ● SPARK Kindness: <ul style="list-style-type: none"> ▪ On Wednesday, April 29th, SPARK is hosting an event with Dr. Christine Carter called "The New Adolescence: Raising Happy and Successful Teens in an Age of Anxiety and Distraction". The event will be hosted via Zoom and will include a Question & Answer format. SPARK Kindness is still looking into the possibility of recording the event to make it available to those who are unable to attend "live". ▪ The weekly online Middle School Parent/Caregiver Group, led by Dr. Kristin Aberle, will begin on Thursday, April 30th from 6:30pm-8:30pm via Zoom. ▪ Christine Guthery has recorded a couple of videos addressing tools for self-compassion and moving through this challenging time. If people are interested in viewing those, email Ms. Marotta. ▪ SPARK Kindness is always looking for feedback on how they can serve in this moment. They are providing and sharing resources on emotional well-being. ● Natick Recreation and Parks – Teen Center <ul style="list-style-type: none"> ▪ The Recreation and Parks department is working on trying to reinvent games that parents are playing with kids at home by posting videos of new ways to play those games (for example, a new take on hop scotch or corn hole). ▪ They are working on some paid programming. They did a "Home Alone" workshop online that filled up. They are continuing story time and fitness classes. ▪ Ms. Meurer is hoping to start online office hours to check in with the kids who regularly attend the teen center. The SROs (per Officer Heffler) are also available to do check-ins. ▪ NATI members' collaboration with the Teen Center is on hold for the time being. 	

	<ul style="list-style-type: none"> ● Natick Police Department – Officer Heffler <ul style="list-style-type: none"> ▪ Officer Heffler mentioned that the Police Department is working with SPARK Kindness to get funds ready for Red Hawk Fest, which is still scheduled for late August as of now. Those organizing the event agreed that this year’s Red Hawk Fest needs to be bigger than in years past and has to be a big celebration about going back to school after the pandemic. The Fest is currently scheduled for 8/30/20, the Sunday before the start of school. ▪ Officer Heffler mentioned that the Natick Police Department is still accepting applications for the Natick Police Youth Academy. The Academy is scheduled for 7/20/20. 	
<p>Educational Initiatives in the Time of COVID-19</p>	<p>A. Discuss changes to the academic year and our role in celebrating seniors – The group discussed some ideas about what the coalition and community can do to celebrate seniors. Some of the ideas included: putting red and blue flags out on the common or another high traffic place (perhaps having seniors decorate a flag), hanging a banner in town to celebrate the class of 2020, involving Pegasus of Local Cable channel to highlight senior photos, have a car parade with police and fire, using graduation caps in some way, hanging holiday lights or looping in local installation artists. Ms. Garb-Palumbo is going to check-in with Natick High School administration to see what their plans are and see how we can expand on that idea or collaborate with them. Also need to check in with seniors themselves to see what they would want as a celebration, and/or ways to support them.</p> <p>B. National Prevention Week is May 10th through May 16th. It’s an awareness week sponsored by the Substance Abuse and Mental Health Services Administration (SAMHSA). Each day has a different mental health or behavioral health topic. Ms. Levine has started a Google Doc that people can add ideas to. The link is available here: https://docs.google.com/document/d/1qlqJli8JxyhaT-8c0YGyWK6SksDjtxLms8kXhRKpxow/edit?usp=sharing. The group agreed that the messaging should focus on both high school and college aged kids (since college students are likely home at this point from school).The prevention week messaging will be promoted in social media posts. It was suggested that messages have a strengths-based point of view, and personalized messages rather than statistics.</p> <p>C. Virtual Workshops.</p> <ul style="list-style-type: none"> o Jon Mattleman is scheduled for a webinar called “Teens, Tweens and Quarantine” on Tuesday, May 12th from 7pm-8pm, hosted on Zoom. The group discussed how to promote the event to get maximum participation, and also obtain feedback after the program. Should we send a Google Form via email after the webinar? SPARK Kindness will connect with Natick 180 after their online program on April 29th to see how their follow-up went. SPARK Kindness will be a co-sponsor of the event and Natick 180 is waiting to hear about Natick Public Schools being a co-sponsor as well. (After this meeting, Natick Public Schools agreed to be a co-sponsor). o Chris Herren Movie Screening: The group discussed hosting a screening of the Chris Herren movie, “The First Day.” The group decided that we should offer an online screening to those who signed up for the Natick Innovation and Learning Summit (NILS) event that 	<p>Ms. Garb-Palumbo is going to check-in with Natick High School administration to see what their plans are.</p> <p>Add ideas to Google document</p> <p>Ms. Levine will reach out to Mr. Downing and PCC about “The First Day” online movie screenings.</p>

	<p>was supposed to happen on March 25. Ms. Levine will reach out to Mr. Downing of NPS to see if we would be able to contact those who signed up directly. The group also thought that a viewing for the Parent Coordinating Committee (PCC) would be a good idea. Ms. Levine will reach out to her contact there as well.</p> <ul style="list-style-type: none"> o Ms. Sugarman mentioned the possibility of doing a virtual event with Nic and David Sheff, who were supposed to come to Natick in April 2020 for an in-person event co-hosted with Framingham FORCE. The group decided to move forward with an online option. We will have to circle back to give an offer to the Sheff’s agents regarding speaking fees.. Ms. Keller mentioned that the Morse Institute Library does a “local big read” and thought that one of the Sheff books might be good for this. Ms. Sugarman will reach out to her contact at the library to check-in about this. <p>D. Online Book Club. This item was not discussed.</p>	<p>Ms. Sugarman will connect with Framingham FORCE about the online event.</p> <p>Ms. Sugarman will reach out to the Morse Institute Library about the local big read.</p>
COVID-19 Resource feedback and endorsements	This item was not discussed due to lack of time.	
Next Steps	The next meeting will be determined via Doodle Poll (proposed dates are 5/5 or 5/12)	