

Access to Services Action Team

Virtual Meeting

Natick, MA

1:00 PM - 2:30 PM

Wednesday, May 24, 2023



Your community resource
for addiction education,
prevention & recovery.

Attendees (8):

Name	Organization	Sector Represented
"Loveable" Lizzy Chalfin	Natick 180 / Natick Health Dept.	Local Government
"Astounding" Astrid Dretler	Natick 180 / Natick Health Dept.	Local Government
"Sunshine Scotty" Francis	MOAR	Other organization involved in reducing substance abuse
Lt. "Charming" Chad Howard	Natick Police Department	Law Enforcement
"Superstar" Sarallyn Keller	Natick Interfaith Leaders Association	Religious/Fraternal Organization
"Awesome" Ashley Scionti	Natick Police Dept. / JDP	Law Enforcement
"Kindhearted" Katie Sugarman	Natick 180 / Natick Health Dept.	Local Government
"Amazing" Annette Ziegler	Natick Public Schools	Schools

Powerpoint available here: [need link](#)

Meeting Minutes:

Agenda Item	Discussion
1. Citizens' Concerns	Vaping in bathrooms continues to be a big concern at NHS.

<p>2. Approve meeting minutes</p>	<p>Minutes from the March 29, 2023 ATS meeting were presented. The minutes were accepted “as is” without changes, approved by majority vote, and will be posted to the Town website.</p>
<p>3. Updates and announcements</p>	<p>a. Natick 180 Coalition Meeting: this will be a hybrid meeting featuring a year-in-review presentation, and Natick 180 highlights. The Community Champion Award will also be presented; graduating NATI seniors will also be recognized. The meeting is tomorrow, May 25th, from 5:30-7:00 PM. Community Champion award recipients will be Dr. Anna Nolin, NPS Superintendent and Kathy Peirce from The Journey & SADO.D. SADO.D. provides resources, information, and assistance to people throughout Massachusetts who have been affected by the death of someone they care about from a substance-use-related cause.</p> <p>b. Reports from community partners and resource sharing:</p> <p>i. MOAR - MOAR Laughs comedy event fundraiser is upcoming on May 28th at 6:30 at the Regent Theater in Arlington. Natick 180 will share this event on social media.</p> <p>c. Post Overdose Support Team (POST) update: There have been a couple of incidents since the last ATS meeting: -A 16 year old male from Framingham was found semi-conscious at Wegmans. Friends were with the individual, and a vape pen was found. -A 27 y.o. male, with a known history of opioid use, experienced an overdose. Expired narcan was used by parents but it worked; no additional Narcan was administered by first responders. The individual was transported to the hospital (arrested following subsequent domestic violence incident). All of the POST overdose follow up visits are complete (by Ashley & Chad).</p> <p>d. Addressing xylazine in opioid overdose response trainings: Xylazine is a veterinary tranquilizer. The President's office has issued a warning about its increase in the US illegal drug supply. At least 20% of the drug supply on the streets in MA is testing positive for xylazine, according to the Drug Task Force. Heroin & fentanyl are getting mixed with many other substances, including amphetamines and xylazine. Xylazine is used to increase the length of the euphoric feeling of fentanyl. Xylazine is a sedative and not an opioid, so when using Narcan on somebody who has taken something mixed with both xylazine and fentanyl, the Narcan does not reverse the effects of the xylazine (it only reverses the fentanyl overdose). This means that a body’s response to receiving Narcan is different when xylazine is in their system. With</p>

xylazine the number of respirations someone is having is an important vital during response. It is advised to wait at least 3 min before administering a second dose of Narcan.

e. Updates:

i. Scheduling Opioid Abatement Funds Listening Sessions - Natick 180 would like to schedule two listening sessions with community members in June (1 in-person; 1 virtual) to get input on how these funds should be allocated, once Natick receives them. We already have a lot of input from stakeholders, having just undergone our recent strategic planning process. Proposed dates are June 12 from 5:30-6:30 pm (in person), at either the Library or Community Senior Center, and Tues June 27th from 7-8 pm (virtual). It was suggested that N180 provide some basic info about the process including rules and regulations before the listening sessions. We can create a one-page guidance document and QR code that can be distributed in advance and translated into other languages.

ii. Providing recovery support to homebound individuals through multimedia approach - N180 continues to collaborate with other communities (Framingham) regarding the Recovery Friendly Workplace initiative. One idea is to create a cable show on the topic of recovery that could be broadcast on the local cable channel. This would provide greater access to Natick Housing Authority residents, some of whom are homebound and may not have wifi (TV may be one of the primary ways to reach this population). Printed resources are also a good way to reach Housing Authority residents.

Natick 180 is also discussing creating a video, for broadcast on the cable station and on the N180 website, that gives a tutorial and instructions on responding to an opioid overdose. The goal would be to have it ready by the end of summer.

A reminder: Zoom can be accessed by people on their phones (without wifi). People in recovery gain a lot from AA meetings or other support group meetings even if only joining by phone and remaining anonymous. There is a 24 hour Marathon support meeting that takes place every hour on the hour Zoom ID is 292-371-2604.

Metrowest Care Connection / Behavioral Health Partners will be hosting a resource fair on 6/6 from 10 am-1 pm in Framingham Center. Lt. Howard will be participating. N180 may have a resource table.

	<p>Wellness Fair - was held at Natick High School on 5/17. Many self-care ideas were shared; N180's table focused on mental wellness. Feedback was positive, although logistics are complicated and can be challenging.</p>
<p>4. Discussion</p>	<p>Developing harm reduction education communications for young adults/college-age students:</p> <p>The question was posed: Is this a need that N180 should be focusing on? The goal would be how to inform youth as well as parents on strategies to reduce harms from substance use as youth go off to college. Maybe we could create a video / sound byte that can be shared on social media. We could also host an educational event for parents, or develop resource materials (for distribution at graduation?) with resources and tips.</p> <p>In past years, NHS would bring in recent college-aged youth to speak to the graduating high school class &/or parents. Lisa Olivieiri, A/V teacher and filmmaker, just finished editing the final cut of her documentary, Recovery City. She has expressed an interest in partnering with us on a video project. N180 could also reach out to RA's and Residence Life staff from local colleges/universities to partner on this topic.</p>
<p>5. Set next meeting date/time & adjourn</p>	<p>June 12, 2023 from 1-2:30 pm</p>