

Natick Recreation and Parks

2020 Fall Programs



Online Registration Begins
Tuesday, September 22 at 12:00 pm
www.natickma.gov/recreation

Hello Residents,

Recreation and Parks is committed to enhancing the quality of life and shaping the character of this town through our programs. I am sure you will find our fall 2020 offerings have a little something for everyone. Please note, as the Massachusetts reopening plans progress and change, so will our programs. Each program will comply with the current state guidelines that are in effect during the program dates.

It is a privilege to serve this wonderful community and I take great pride in offering quality programs to the Natick citizens. Follow us on Facebook and YouTube to make sure you don't miss out on our daily happenings.

~Karen Partanen, Recreation & Parks Director

RECREATION AND PARKS DEPARTMENT

179 Boden Lane
Natick, MA 01760

Phone: (508) 647-6530
FAX: (508) 647-6535
Cancellations: (508) 647-6530 (after 5:00 pm)
Website: www.natickma.gov/recreation

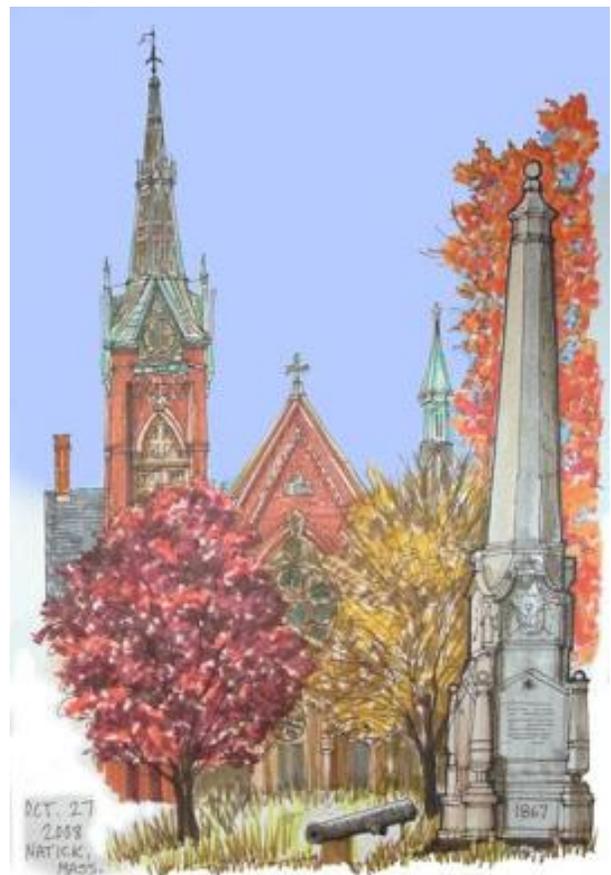
BUSINESS HOURS

Monday-Friday
8:00 am-5:00 pm

Every program and activity in the Recreation and Parks Department is open to all, regardless of race, religion, color, sex, marital status, national origin or persons with disabilities

ADMINISTRATIVE STAFF

Karen Partanen, Director
Dan Keefe III, Assistant Director
Mary-Lou Coffey, Executive Assistant
Aaron Friedman, Program Director
Melissa Carter, Special Needs Coordinator
Lauren Meurer, Teen Coordinator
Andrea Verdelli, Administrative Assistant
Lisa Mapel, Receptionist
Shawn Gilbert, Custodian
Kurt McDowell, General Manager – Sassamon Trace
Eric Fontaine, Superintendent - Sassamon Trace



Art by Pyracantha Hannah M.G. Shapero



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Register online at: <https://register.communitypass.net/natick> or for questions prior to registration, please call 508-647-6530

PRESCHOOL

ON MY OWN PLAYGROUPO (ages 4-pre-k)

Location: Cole Center

Playgroup provides a comfortable and relaxed environment for your child to develop social skills with children their own age. Activities include: free play, physical play, art, circle time with music, stories and dance. This program is NOT certified by EEC and due to regulations participants are limited to sign-up for a maximum of 2 sessions. We are unable to change diapers, bathroom trained is required.

S#	Day	Date	Times	Price
01	Tue-Thu	Oct 6-8	9:00-11:00 am	\$125
02	Tue-Thu	Oct 6-8	12:00 -2:00 pm	\$125
03	Tue-Thu	Oct 13-15	9:00-11:00 am	\$125
04	Tue-Thu	Oct 13-15	12:00-2:00 pm	\$125
05	Tue-Thu	Oct 20-22	9:00-11:00 am	\$125
06	Tue-Thu	Oct 20-22	12:00-2:00 pm	\$125
07	Tue-Thu	Oct 27-29	9:00-11:00 am	\$125
08	Tue-Thu	Oct 27-29	12:00-2:00 pm	\$125



F.A.S.T • T-BALL (ages 3-pre-k)

Instructor: F.A.S.T Athletics Coaching Staff

Location: Cole Center

All participants will learn the basic skills of fielding, throwing, hitting and base running. In addition, we will play games such as home run derby, last one standing and running bases. Learning and skill development are the priorities. (5 wks)

S#	Day	Date	Times	Price
01	Wed	Sep 30-Oct 28	3:00-4:00 pm	\$78

INTRO TO DANCE (ages 3-4)

Instructor: Cindy Wright

Location: Cole Center

An introduction to the wonderful world of dance. Students will develop gross motor skills, coordination, group skills and self-confidence. They will learn from the instructor and from each other. Dancers will be encouraged to use their imaginations to explore/create their own individual styles. Students should wear ballet slippers or non-skid socks and any style/color dancewear or comparable attire. (7 wks)

S#	Day	Dates	Time	Price
01	Tue	Sep 29-Nov 17	12:00-12:45 pm	\$90
02	Wed	Sep 30-Nov 18	12:00-12:45 pm	\$90

(No class Tue Nov 3, Wed Nov 11)

DANCE/THEATER (ages 4-pre-k)

Instructor: Cindy Wright

Location: Cole Center

Through dance, dialogue, drama and comedy of course, the children will tell the story. This class will focus on basic ballet and children's jazz/hip-hop (with age appropriate music), but we will also introduce them to acting and how acting, music and dance together create musical theater. There will be an informal performance at the final class that we will video and share with parents. Students should wear any style dance wear or comparable clothes and ballet slippers or non-skid socks. (7 wks)

S#	Day	Dates	Time	Price
01	Tue	Sep 29-Nov 17	1:00-2:00 pm	\$100
02	Wed	Sep 30-Nov 18	1:00-2:00 pm	\$100

(No class Tue Nov 3, Wed Nov 11)



SOCCER JUNIORS (ages 3-6)

Instructor: Luke Rothero, New England Surf

Location: Cole Center

Natick Recreation has partnered with a new company to the area, New England Surf, to bring an introductory soccer program to Natick. The juniors program teaches the fundamentals of soccer using a fun and energetic curriculum to work specifically with 3-6 year olds. (5 wks)

S#	Day	Dates	Time	Price
01	Tue	Sep 29-Oct 27	3:30-4:30 pm	\$80



PRETZEL KIDS YOGA & MINDFULNESS (ages 4-6) NEW **

Instructor: Jessica Petrus Aird, Certified Pretzel Kids Instructor

Location: Cole Center

This program is modeled after the "Mommy & Me" style programs. Any parent, grandparent or guardian is welcome to take the parent position. Pretzel Kids yoga brings curriculum-based kids yoga classes to families, homes and schools nationwide. Children will learn different yoga poses and flow sequences. No prior knowledge or experience with yoga is necessary. Jessica has been practicing yoga for 15 years. (5 wks)

Please note: Guardian participation is mandatory.

S#	Day	Date	Time	Price
01	Fri	Oct 2-Oct 30	10:00-10:45 am	\$90

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YOUTH



“SPOOKTACULAR” • (HALLOWEEN PARTY)

Sponsored by Cognex

AGES 3–k (event is geared to this age group)

This annual town-wide Halloween Party will have a different look this year. Please stay tuned for more information in the next several weeks. There won't be a festival on the common or trick-or-treat parade but lots of fun still to come. If you are interested in volunteering or making a donation to help with the event, contact Aaron Friedman at 508-647-6530. Look for details on our website, Facebook, libraries and in the local papers.

HOME ALONE SAFETY (ages 9-11)

Instructor: Juanita Allen, EMT and CPR & First Aid Instructor

Location: Cole Center or Virtual

Home Alone Safety helps children take the first steps towards independence. Learn about internet safety, phone and door-answering techniques, accident and fire protection, and first aid. We'll also discuss how to manage your time when you're home alone for short periods and explore scenarios through role-playing. This class is designed to be in person, but may transition to virtual instruction (at same date/time)

S#	Day	Date	Time	Price
01	Wed	Sep 23	12:00-2:00 pm	\$46
02	Wed	Nov 18	12:00-2:00 pm	\$46

DIG BIG (grades K-1) **NEW**

Instructor: Wicked Cool For Kids

Location: Cole Center

Paleontologist Geologist? Archeologist? You'll dig our most dino-centric class yet. Unearth the secrets of ancient Egypt to see how Pharaohs were buried and then make your own mini mummies. Create colossal fossils and learn about your favorite dinosaurs as we travel back in time. Dig up a cool crystal collection to take home as you excavate earths buried treasures. (6 wks)

S#	Day	Date	Time	Price
01	Wed	Oct 7-Nov 18	3:00-4:00 pm	\$148

(No class Nov 11)



DEEP BLUE SEA (grades 2-4) **NEW**

Instructor: Wicked Cool For Kids

Location: Virtual

If you've ever wanted to be a marine biologist or an oceanographer, come take the plunge into the Deep Blue Sea! Create models of ocean invertebrates and a dazzling coral garden. Dive deep with dolphins and find out about fish that are bioluminescent (emit light). Tame the tides and ride the waves in this wicked cool oceanic adventure. This class is virtual and participants will be emailed instructions prior to the program. (6 wks)

S#	Day	Date	Time	Price
01	Fri	Nov 6-Dec 18	3:00-4:00 pm	\$148

(No class Nov 27)

INTRO TO THEATER #1 (ages 5-6)

Instructor: Cindy Wright

Location: Cole Center

Children will develop acting, musical and dance skills as they prepare for a short theatre performance to be recorded at the last class. (7 wks)

S#	Day	Date	Time	Price
01	Fri	Oct 2-Nov 13	3:30-4:30 pm	\$90



INTRO TO THEATER #2 (grades 1-4)

Instructor: Cindy Wright

Location: Cole Center

Children will develop acting, musical and dance skills as they prepare for a short theatre performance to be recorded at the last class. (7 wks)

S#	Day	Date	Time	Price
01	Fri	Oct 2-Nov 13	4:45-6:00 pm	\$110

PLAY TENNIS AMERICA (grades 3-7)

Instructor: Natick Racquet Club Staff

Location: Natick Racquet Club, 16 Michigan Drive, Natick

Fundamentals taught for beginners and advance beginners only, no advanced players. Numbers are limited to 8/time or four players per court. Information regarding drop off and pick up will be sent before the class. (6 wks)

S#	Day	Date	Time	Price	Grade
01	Sun	Oct 4-Nov 8	5:00-6:00 pm	\$105	3 - 4
02	Sun	Oct 4-Nov 8	6:00-7:00 pm	\$105	5 - 7

ARCHERY (grades 4 & up)

Instructor: On the Mark Archery Staff

Location: Cole Center

Learn the focus oriented sport of traditional recurve archery and experience the thrill of success when your arrow strikes the target. This course emphasizes safety, discipline and proper form in a fun environment. Our certified USA Archery instructors empower the individual by training their instincts and mindset to concentrate on an objective and zero in on their target. All equipment provided. (4 wks)

S#	Day	Date	Time	Price
01	Mon	Oct 19-Nov 9	6:30-7:30 pm	\$135

FIELD HOCKEY CLINIC (grades 5-8)

Instructor: Ainslee Lamb, Former Head Coach at BC and Yale University

Location: Cole Center

Fundamental introduction to the game of Field Hockey. Teaching basic skills and game understanding to perform on the field. A fun approach to providing tools and a positive experience for young players to enjoy the game.

No experience necessary. Sticks provided. **Bring:** Shin guards, mouth guard and cleats. (4 wks)

S#	Day	Date	Time	Price	Grade
01	Wed	Sep 30-Oct 21	3:00-4:00 pm	\$45	5 & 6
02	Wed	Sep 30-Oct 21	4:15-5:15 pm	\$45	7 & 8

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YOUTH CONTINUED....



PARENTS NIGHT OUT (ages 5-11)

Instructor: Recreation Staff
Location: Cole Center

Drop the kids off for a night of games, crafts and movies while you have your own night of fun. Supervised by CPR & FA certified staff. Due to COVID-19 restrictions, adaptations to this program have been made from previous years. Participants will be split into two groups of 10 by age (20 total program maximum per night). Groups will rotate between time in the game/craft room and the gym for various activities. No pizza will be served but a small pre-packaged snack will be served. No cash snack bar or vending will be available. Participants must wear a mask at all times (scheduled mask breaks will occur periodically).

Multi-child discount: \$2 off per 2nd child and more per individual night registration. **Register online; NO WALK-IN Registration available.**

S#	Day	Dates	Time	Price
01	Sat	Oct 3	6:00-9:00 pm	\$22
01	Sat	Oct 17	6:00-9:00 pm	\$22
01	Sat	Oct 31	6:00-9:00 pm	\$22
01	Sat	Nov 14	6:00-9:00 pm	\$22

SOCIALSKILZ (ages 8-12)

Instructor: Juanita Allen, EMT/CPR & First Aid Instructor
Location: Cole Center & Virtual

SocialSkilz: Make a good first impression. In this class, participants will learn: non-verbal and verbal aspects of a first impression; greeting others and making introductions; small talk initiating and maintaining conversations. This class is designed to be in person but may transition to virtual instruction (at same date/time).

S#	Day	Date	Time	Price
01	Wed	Sep 23	5:00-6:15 pm	\$56
02	Wed	Nov 18	5:00-6:15 pm	\$56

PRETZEL KIDS YOGA, MEDITATION & MINDFULNESS (ages 7-14)

Instructor: Jessica Petrus Aid, Certified Pretzel Kids Instructor
Location: Virtual

Pretzel Kids yoga brings curriculum-based kids yoga classes to families, homes and schools nationwide. This program will help our young school aged children to wind down at the end of the day. There are going to be a number of major changes to schooling this fall and this program can assist in leveling children's emotions. Emphasis is on calming meditation and very gentle yoga. No prior knowledge or experience with yoga is necessary. Jessica has been practicing yoga for 15 years (4 wks).

S#	Day	Date	Time	Price
01	Wed	Oct 7-28	7:30-8:30 pm	\$48



SKYHAWKS BASEBALL (ages 7-12)

Instructor: Skyhawks Staff
Location: J. J. Lane Park, 85 Speen Street

Learn the fundamentals of fielding, catching, throwing, hitting, and base running -- all in a fun, positive environment. Specifically designed for beginning and intermediate players, this program teaches athletes new baseball skills along with vital life lessons such as respect, teamwork and responsibility. Don't forget your glove, water bottle and sunscreen. (5 wks)

S#	Day	Date	Time	Price
01	Tue	Sep 29-Oct 27	4:00-5:00 pm	\$80

SKYHAWKS BEACH VOLLEYBALL (ages 9-14)

Instructor: Skyhawks Staff
Location: J. J. Lane Park, 85 Speen Street

Skyhawks Beach Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun-filled program. All aspects of the game are taught through drills and exercises that focus on bumping, setting, spiking, hitting and serving. Program is designed for the beginner to intermediate player. (5 wks)

S#	Day	Date	Time	Price
01	Thu	Oct 1-Oct 29	4:00-5:00 pm	\$80

THUNDERCAT MULTI-SPORT (grades 1-4)

Instructor: Thundercat Staff
Location: Cole South

Warm ups and general exercise activities will be emphasized every day. Your child will have fun playing socially distant games/activities such as noodle tag, bull in the ring, kickball, steal the beacon, freeze dance party and more. Depending on the updated guidance in the fall we may be able to play other sports/activities such as dodgeball and soccer. More specific safety procedures will be released to parents before the start of class. (5 wks)

S#	Day	Date	Time	Price
01	Thu	Oct 1-Oct 29	3:30-4:30 pm	\$85

SUPER SPORTS (grades 2-4)

Instructor: F.A.S.T Athletics Staff
Location: Cole Center

Get up, get going and get active with F.A.S.T. Athletics Super Sports Program. F.A.S.T. Athletics will offer a variety of sports each week such as soccer, Mat Ball, basketball, dodgeball, and kickball. Programs will include proper stretching and warm-up games as well as learning basic skills of each sport, each class will end with a high-energy game with the sport played that day. (5 wks)

S#	Day	Date	Time	Price
01	Wed	Sep 30-Oct 28	4:00-5:00 pm	\$78

THEATER WORKSHOPS (grades 5-8) *NEW*

Instructor: Cindy Wright – Acting Director
Lisa Cigna – Choreographer



Location: Cole Center

This program gives middle school students an opportunity to experience and explore theater arts through their participation in acting and dance style workshops. Final performance may be in person or virtual. (8 wks)

S#	Day	Date	Time	Price	Grade
01	Sat	Oct 3-Nov 21	9:00-10:00 am	\$110	5
02	Sat	Oct 3-Nov 21	10:15-11:15 am	\$110	6
03	Sat	Oct 3-Nov 21	11:30 am-12:30 pm	\$110	7
04	Sat	Oct 3-Nov 21	12:45-1:45 pm	\$110	8

THEATER WORKSHOP (grade 9) *NEW*

Instructor: Cindy Wright-Acting Director
Location: Cole Center

This program provides an opportunity to experience and explore theater arts through their participation in acting workshops. Final performance may be in person or virtual. (8 wks)

S#	Day	Date	Time	Price
01	Thu	Oct 1-Nov 19	7:00-8:15 pm	\$130

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TEEN PROGRAMS

Natick Teen Programs (NTP) membership is \$25/season (fall season: Sep 30-Nov 24) for students in grades 5 and up. Membership includes access to the Teen Center and discounts on NRPD teen classes and programs. Look for membership pricing in each program description.

Membership registration is online. This must be completed before registering for teen programs to receive accurate pricing. Teen Center participants will receive their Teen Pass on their first visit. The Teen Pass is a photo badge that all participants will use to check in and out from the program each day.

TEEN CENTER (grades 5-8)

Location: Cole Center (179 Boden LN)

The Teen Center is a space for teens and their friends to hang out afterschool. As Teen Center members, participants take charge of their free time. Activities are available in the game room, gym, and outside on the fields, where they can play, create, and share freely with their peers. The Teen Center offers a wide variety of programs and activities throughout the afternoon without additional fees or registration.



***NEW* AM Session** - Virtual Learning space available for participants to work during their remote week. Socially-distanced desks will be available for remote work, and staff are available for tech support if needed.

Day Mondays-Fridays
Times 7:30 am-1:00 pm

PM Session - Afternoons at the Teen Center will offer games and activities in a socially-distanced manner. The programs will utilize outdoor space whenever possible and require masks to be worn at all times. Both students attending in-person and remote learning are eligible to attend the Teen Center after school.

Day Monday-Thursday
Times 2:00-5:30 (unless otherwise specified)

Please Note: No transportation will be provided this fall

Kennedy middle school students and Wilson middle school students will attend on alternating weeks. See below for available weeks for each school. Additionally, the program will be broken down by grades as follows:

Grade	Day	Price
5th & 6th	Monday & Wednesday	\$5
7th & 8th	Tuesday & Thursday	\$5

NEW Pre-registration is required. Registration is weekly and will open on the Thursday prior at 12:00 pm. Weekly registration fees are \$5 with a NTP Membership. NTP membership is a seasonal fee of \$25. (Fall season is Sep 30th - Nov 24th) Once registered, participants can still check themselves in and out of the program as they wish. Natick Recreation and Parks does not take responsibility for the care or supervision of participants once they check out of the program.

KENNEDY MIDDLE SCHOOL STUDENTS	WILSON MIDDLE SCHOOL STUDENTS
Wed, 9/30: Orientation - all grades	Thu, 10/1: Orientation - all grades
Mon-Thu, 10/05-10/08	Tue-Fri, 10/13-10/16* (closed 10/12)
Mon-Thu, 10/19-10/22	Mon-Thu, 10/26-10/29
Mon, Wed-Fri, 11/02-11/06 (closed 11/3)	Mon-Tue, Thu-Fri, 11/9-11/13 (closed 11/11)
Mon-Thu, 11/16-11/19	Mon-Tue, 11/23-11/24* (2 days)

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TEEN

BLAST BABYSITTING (grades 6-9)

Instructor: Juanita Allen, EMT/CPR & First Aid Instructor

Location: Cole Center

Babysitter lessons and safety training covers how to handle the basics of childcare, how to react responsibly to medical emergencies, how to call 911, how to prevent and relieve choking and first aid for some common childhood injuries and illnesses. Learn how to set up and run your own babysitting business. This class is designed to be in person, but may transition to virtual instruction (at the same date/time)



S#	Day	Date	Time	Member Price	Non-Member
01	Wed	Sep 23	2:30-4:30 pm	\$56	\$61
02	Wed	Nov 18	2:30-4:30 pm	\$56	\$61

FIRST AID AND CPR (CERTIFIED) (ages 15 & up)

Instructor: Juanita Allen, EMT and CPR & First Aid Instructor

Location: Cole Center

Certification Course designed for individuals who may need to respond to a First-Aid emergency. Participants will learn how to handle injuries and how to manage illness in the first few minutes until professional help arrives. Six modules are covered: First-Aid basics, Medical Emergencies, Injury Emergencies, Environmental Emergencies, Adult CPR/AED and Pediatric CPR. Course meets the requirements of child-care providers, teachers, foster care workers, camp counselors, scout leaders, coaches, etc. Certification is valid for 2 years.

S#	Day	Date	Time	Price
01	Wed	Sep 23	6:30-9:00 pm	\$75

FRIENDS AND FAMILY FIRST AID AND CPR (NOT CERTIFIED) (grades 5-8)

Instructor: Juanita Allen, EMT and CPR & First Aid Instructor

Location: Cole Center or Virtual

If you're caring for kids or you're old enough to be alone with your friends, you need to know how to keep yourself and others safe. In this workshop you'll learn how to prevent injuries and respond appropriately in case of a medical emergency. We'll cover first aid basics that help you manage illness and injuries for the first few minutes until help arrives. You'll learn CPR and how to use an AED; how to handle allergic reactions; and how to treat burns, breaks, sprains, and other physical injuries. You'll also learn to assemble a mini first aid kit. This class does not provide certification. This class is designed to be in person but may transition to virtual instruction (at same date/time).

S#	Day	Date	Time	Member Price	Non-Member
01	Wed	Nov 18	6:30-9:00 pm	\$56	\$61



DUNGEONS AND DRAGONS (grades 5-12)

Location: Cole Center

Want to go on fantastic adventures like your favorite book, movie and video game characters? Brave enchanted woods, outwit foes, and thwart ancient monsters! Come try D&D! No experience necessary, but participants should bring books and dice if available. Please bring a bagged dinner, no food will be served at this program.

Please limit registration to one session per individual to leave space for other participants

S#	Day	Date	Time	Member Price	Non-Member
01	Fri	Oct 2, 16, 30, Nov 13	5:30-9:00 pm	\$140	\$150
02	Fri	Oct 9, 23, Nov 6, 20	5:30-9:00 pm	\$140	\$150

ADULT

ARCHERY (ages 15 & up)

Instructor: On the Mark Archery Staff

Location: Cole Center



Find your passion this fall and discover the empowerment of shooting a bow and arrow. The complex details of the shooting form are broken down into simplified steps that are easy to understand and execute. Mastery of the sport takes years, but fundamental success can be found with a focused mind and a determined attitude. All equipment is provided. (4 wks)

S#	Day	Date	Time	Price
01	Mon	Oct 19-Nov 9	7:45-8:45 pm	\$135

TAI CHI • BEGINNING & ADVANCED (adults)

Instructor: Jon Woodward, Certified Tai Chi Instructor

Location: East School Gym, 90 Oak Street, Natick

Tai Chi is an ancient form of Chinese exercise consisting of slow, beautiful, relaxed meditative movements. Tai Chi has been described as "meditation in motion" because it promotes serenity through gentle movements connecting the mind and body! (8 wks)

S#	Day	Date	Time	Price
Beg	Mon	Oct 5-Nov 23	6:30-7:30 pm	\$75
Adv	Mon	Oct 5-Nov 23	7:45-8:45 pm	\$75



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SKYLINE / ADAPTIVE PROGRAMS

Serving the Natick Community and surrounding towns with adaptive and inclusive programs for individuals with special needs

ARROWHEAD SWAG

Purchase past summer t-shirts and backpacks. Find photos of all the available clothing on the website at camparrowheadnatick.com

01	This Summer's T-Shirt	\$7
02	This Summer's Backpack	\$13
03	Alumni T-shirts	\$10
04	The Legend Lives on	\$10

VIRTUAL COFFEE HOUSE (teens & adults)

Location: Virtual

Belt out your favorite song at Karaoke with friends. Sing along or just join in on a dance party!

S#	Day	Date	Time	Price
01	Fri	Oct 2	6:00-8:00 pm	\$10
02	Fri	Nov 6	6:00-8:00 pm	\$10



HALLOWEEN VIRTUAL FASHION SHOW AND DANCE PARTY (teens & adults)

Location: Virtual

Join the virtual party to show off your costume and dance it up with the whole crew!! We may not be able to have a party in person this year, but we would still love to see everyone's Halloween outfits!

S#	Day	Date	Time	Price
01	Fri	Oct 23	7:00-9:00 pm	\$5



VIRTUAL CAMP FIRE:

Location: Virtual

It is time to buckle in and sit around a virtual campfire for stories, songs and memories!

S#	Day	Date	Time	Price
01	Tue	Sep 29	6:00-8:00 pm	\$10
02	Tue	Oct 13	6:00-8:00 pm	\$10
03	Tue	Nov 10	6:00-8:00 pm	\$10

VIRTUAL BOOK CLUB

Location: Virtual

Melissa wants to start a book club where we read different chapters of the same book throughout the fall. Should we start with Harry Potter? We will have a list of books to pick from that the group will vote on before day 1! (4 wks)

S#	Day	Date	Time	Price
03	Thu	Oct 22-Nov 12	4:00-5:00 pm	\$10

PLEASE NOTE: MORE PROGRAMS WILL BE ADDED AS WE GET CLOSER AND LEARN MORE ABOUT GUIDELINES FOR NOVEMBER/DECEMBER. THANK YOU FOR YOUR UNDERSTANDING.

VIRTUAL FAMILY GAME NIGHT (all families welcome)

Location: Virtual

We are so excited to put together a game night for families! We will be playing Jeopardy for the first one and if all goes well we will plan to host more!

S#	Day	Date	Time	Price
01	Sat	Oct 10	7:00-8:30pm	\$10 per family



PUT IT INTO DRIVE

Location: Your House

Skyline staff or Arrowhead staff can come to your front yard in the Natick Recreation and Parks Department bus and spend 30 minutes socially distanced socializing! Sign up for a date and then coordinate the details with Melissa. The staff will come rain or shine however depending on your house may not be able to stay due to weather.

S#	Day	Date	Time	Resident	Non-Resident
A1	Sun	Oct 4	Various times	\$30	\$45
A2	Sun	Oct 11	Various times	\$30	\$45
A3	Sun	Oct 25	Various times	\$30	\$45



Registration begins Tuesday September 22, 2020 at 12:00 pm.

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SKYLINE CONTINUED...

Social and Distanced Saturday Programming

Unlike previous years, individuals will register for each program and session individually. Participants must be able to advocate for themselves while being socially distanced and be independent to use the restroom. Individuals attending alone must be able to do activities without hands on assistance. Aids or family members can attend with participants that require assistance. The programs below are available at various times and prices for three different sessions: **Saturday October 10, October 24, and November 7.**

PLEASE NOTE: MORE PROGRAMS WILL BE ADDED AS WE GET CLOSER AND LEARN MORE ABOUT GUIDELINES FOR NOVEMBER AND DECEMBER. THANK YOU FOR YOUR UNDERSTANDING.

1 ON 1 INDIVIDUAL ACTIVITY (teens and adults)

Location: Arrowhead Site (Weather Permitting)

1:1 programming catered towards your individual. Each individual will have 1 staff member who will be assisting them in their 2 hours of fun. After registration, each individual will fill out a questionnaire of what they would like to do during their 1:1 time with a staff member such as, Bocce, life size board game, dance party, arts and crafts, etc.

Day	Date	Time	Price
Sat	See above	9:00-11:00am	\$45

FUN WITH ART (teens and adults)

Location: Arrowhead Site (Weather Permitting)

Let's have fun with art! There will be a project that everyone can work on and it's a great way to enjoy the outdoors with some friends!

Day	Date	Time	Price
Sat	See above	1:00-2:00pm	\$23



DANCE (WITH NANCY KELLEY) (teens and adults)

Location: Arrowhead Site (Weather Permitting)

Nancy is excited to see you in person! Come join in on the fun and learn popular dance moves to catchy songs.

Day	Date	Time	Price
Sat	See above	2:15-3:00 pm	\$23

GROOVE AND FLOW (teens and adults)

Location: Arrowhead Site (Weather Permitting)

Groove and Flow with Eve is a special blend of yoga styles where the participants can explore and experience the joy of movement and freedom of expression within a supportive, creative environment, regardless of experience and/or abilities. This class is balanced with movement, relaxation and meditation and participants can be on a mat or in a chair. Rock, roll or stroll to this one of a kind experience.

Day	Date	Time	Price
Sat	See above	11:30 am-12:30 pm	\$23

SATURDAY'S VIRTUAL LUNCH BUNCH

Location: Virtual

Join us virtually for lunch, we will socialize, play games and eat together!

S#	Day	Time	Price
L1	See above	12:00-1:00 pm	\$5
L2	See above	12:00-1:00 pm	\$5
L3	See above	12:00-1:00 pm	\$5



Registration begins Tuesday September 22, 2020 at 12:00 pm.

Register online at: <https://register.communitypass.net/natick> or for questions prior to registration, please call 508-647-6530

Sassamon Trace

Sassamon Trace is a 9-hole golf facility that is currently in pristine condition, with immaculate greens that roll fast and true. The course has an incredibly friendly atmosphere and accommodates all skill levels

SASSAMON TRACE WEEKDAY RATES:

- Adult - \$23
- Senior & Junior - \$18

- Cart Fee - \$9
- Senior Cart - \$7
- Pull Cart - \$4

- Twilight (walk only) - \$16
- Junior Twilight - \$10

SASSAMON TRACE WEEKEND RATES:

- All Players - \$25

- Cart Fee - \$9
- Senior Cart - \$7
- Pull Cart - \$4

- Twilight (walk only) - \$16
- Junior Twilight - \$10

Fall Tuesday League

September 8th – October 13th

Cost is \$142 for the session and includes green fee, handicap, and prize fund.

Fall Wednesday Women's Events

Starting in late August. Each week is a new event. Sign-up weekly in the golf shop.

For registration or questions please call the golf shop at 508-655-1330

