



NATICK RECREATION AND PARKS



2021 WINTER PROGRAMS



Photo by Kai Dan



Registration begins December 17, 2020 at 12:00pm and is open for Natick residents ONLY unless otherwise specified.
Register online at: <https://register.communitypass.net/natick> or for questions prior to registration, please call 508-647-6530.

Hello Residents,

Recreation and Parks is committed to enhancing your quality of life and shaping the character of this town through our programs during these uncertain times. I am sure you will find our winter 2021 offerings have a little something to keep you engaged and allow you to add recreation to your daily life. Please note, as the Massachusetts reopening plans progress and change, so will our programs. Each program will comply with the current state guidelines that are in effect during the dates of each program.

It is a privilege to serve this wonderful community and I take great pride in offering quality programs to the Natick citizens. Follow us on Facebook and Youtube to make sure you don't miss out on our daily happenings!

-Karen Partanen, Recreation & Parks Director

RECREATION AND PARKS DEPARTMENT

179 Boden Lane
Natick, MA 01760

Phone: 508-647-6530
Fax: 508-647-6535
Cancellations: 508-647-6530 (after 5:00 pm)
Website: www.natickma.gov/recreation



Business Hours:

Monday-Friday
8:00 am-5:00 pm



Every program and activity in the Recreation and Parks Department is open to all, regardless of race, religion, color, sex, marital status, national origin, or persons with disabilities.



ADMINISTRATIVE STAFF

Karen Partanen, Director
Dan Keefe III, Assistant Director
Mary-Lou Coffey, Executive Assistant
Andrea Verdelli, Administrative Assistant
Aaron Friedman, Program Director
Lauren Meurer, Youth Program Coordinator
Melissa Carter, Adaptive Program Coordinator
Lisa Mapel, Receptionist
Shawn Gilbert, Custodian
Kurt McDowell, General Manager – Sassamon Trace
Eric Fontaine, Superintendent – Sassamon Trace



Program Notice:

- MASKS MUST BE WORN AT ALL TIMES
- Scheduled mask and water breaks will occur
- Health Screening form must be filled out daily before the start of each program
- Registration for Natick residents ONLY unless otherwise specified.
- Equipment will be disinfected by staff after each use



Photo by Bob Dalpe



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YOUTH



= Registration in FALL season on Community Pass



IMPROVISATIONAL THEATER (Grades 1-4)

Instructor: Cindy Wright

Location: Cole Center Gym (Indoors)

In improvisational theater, most of what is performed is unscripted. The story, characters and dialogue are created by the performers spontaneously. In this one day workshop, young performers will explore the techniques, which will help them grow as performers. Each session is different, so kids can enroll in one or both.



S#	Day	Date	Time	Price
01	Sat	Jan 9	9:30am-11:00am	\$20
02	Sat	Jan 16	9:30am-11:00am	\$20

WICKED GROSS SCIENCE (Grades K-2) ****NEW****

Instructor: Wicked Cool For Kids

Location: Online

Gross Science is not for the easily queasy! The gross yet fascinating things in life hide many science secrets like what's hidden in a diaper. Classify some creepy crawlies and neutralize smelly smells. Make some model mucus, create alien slime, have fun with other grossly amusing science adventures.



S#	Day	Date	Time	Price
01	Fri	Jan 29-Mar 12	3:30-4:30pm	\$150

No program 2/19

CREATIVE CODING STUDIO (Grades 3-5) ****NEW****

Instructor: Wicked Cool For Kids

Location: Online

Discover programming through art, music, and math. Collaborate with friends to plan and build amazing projects using visual programming. Start with coding sounds and music, make a band and program beatboxing gnomes. Animate dragons and learn to draw and color your computer animations. *** Online courses require a modern desktop computer, laptop computer, Chromebook, or Netbook with Internet access and a Chrome (29+), Firefox (30+), Safari (7+), or Edge (20+) browser.** No downloads required. No previous coding experience necessary

S#	Day	Date	Time	Price
01	Tue	Jan 26-Mar 9	3:30-4:30pm	\$150

No program 2/16



HOME ALONE SAFETY (Ages 9-11)

Instructor: Juanita Allen, EMT and CPR & First Aid Instructor

Location: Online

In Home Alone Safety, we help children take the first steps towards independence. Learn about Internet safety, phone and door-answering techniques, accident and fire protection, and first aid. We'll also discuss how to manage your time when you're home alone for short periods, and explore scenarios through role-playing.

S#	Day	Date	Time	Price
01	Mon	Feb 8	3:30-5:30pm	\$46



METROWEST RECREATIONAL E-SPORTS LEAGUE

(Grade 3-5)

The Metrowest Recreational E-Sports league provides safe and inclusive gaming to participants of all ages! This virtual program is a fun and social way to play against your friends from the comfort of your own home! Compete against your friends in town, or make new friends while playing your choice of Madden 21, Fortnite, FIFA, NBA, NBA2K21, or Super Smash Bros!

***NTP Membership Price: \$25, Non-member \$30**

★ MADDEN 21

Location: Online

Start Date: Mon January 11

Time: 7:00-8:00pm

★ NBA 2K21

Location: Online

Start Date: Wed January 13

Time: 7:00-8:00pm

★ FORTNITE

Location: Online

Start Date: Tues January 12

Time: 7:00-8:00pm

★ SUPER SMASH BROS

Location: Online

Start Date: Thurs January 14

Time: 7:00-8:00pm

★ FIFA

Location: Online

Start Date: Tues January 12

Time: 7:00-8:00pm



***NTP = Natick Teen Programs, description on page 4**

"Thank you for the creative programming you are putting on during this challenging time."



TEEN



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Registration in FALL season on
Community Pass



DUNGEONS AND DRAGONS (Grades 5-12)

Instructor: Recreation and Parks Staff

Location: Cole Center (Indoors)

Want to go on fantastic adventures like your favorite book, movie, and video game characters? Brave enchanted woods, outwit foes, and thwart ancient monsters! Come try D&D! No experience necessary, but participants should bring their books and dice if available. Please bring a snacks and a water bottle, there will be no food served at the program.

Please limit registration to one session per individual to allow others to participate.

***NTP Members Price: \$140, non-members \$150**

S#	Day	Date	Time
01	Fri	Jan 8, 22, Feb 5, 26, Mar 12	5:30-9:00pm
02	Fri	Jan 15, 29, Feb 12, Mar 5, 19	5:30-9:00pm

IMPROVISATIONAL THEATER (Grades 5-8)

Instructor: Cindy Wright

Location: Cole Center Gym (Indoors)

In improvisational theater, most of what is performed is unscripted. The story, characters and dialogue are created by the performers spontaneously. In this one day workshop, young performers will explore the techniques, which will help them grow as performers. Each session is different, so kids can enroll in one or both.

Grade 5 & 6:

S#	Day	Date	Time	Price
01	Sat	Jan 9	11:30am-1:30pm	\$25
02	Sat	Jan 16	11:30am-1:30pm	\$25

Grade 7 & 8:

S#	Day	Date	Time	Price
01	Sat	Jan 9	2:00-4:00pm	\$25
02	Sat	Jan 16	2:00-4:00pm	\$25

BLAST BABY SITTING (Grades 6-9)

Instructor: Juanita Allen, EMT/CPR & First Aid Instructor

Location: Online

In Babysitter Lessons and Safety Training, we'll cover how to handle the basics of childcare, how to react responsibly to medical emergencies, how to call 911, how to prevent and relieve choking and first aid for some common childhood injuries and illnesses. Learn how to set up and run your own babysitting business.

S#	Day	Date	Time	Price
01	Thurs	Feb 11	3:30-5:30pm	\$56



★ TIE-DYED WAFFLES (Grades 5-8)

Instructor: Recreation and Parks Staff

Location: Cole Center (Outdoors)

Who says your food can't be art? We're making (& eating) rainbow waffles with all of the toppings too!

S#	Day	Date	Time	Price
01	Mon	Dec 28	2:00-3:00pm	\$18
02	Mon	Dec 28	3:30-4:30pm	\$18

★ CANDLING WORKSHOP (Grade 5-8)

Instructor: Recreation and Parks Staff

Location: Cole Center (Outdoors)

Learn the basics of candle-making by practicing different techniques for dip candles and votive candles.

S#	Day	Date	Time	Price
01	Tue	Dec 29	2:00-3:00pm	\$18
02	Tue	Dec 29	3:30-4:30pm	\$18

★ WINTER TERRARIUMS (Grade 5-8)

Instructor: Recreation and Parks Staff

Location: Cole Center (Outdoors)

Create a miniature winter village, compete with fake snow, mini figurines, trees, and more!

S#	Day	Date	Time	Price
01	Wed	Dec 30	2:00-3:00pm	\$18
02	Wed	Dec 30	3:30-4:30pm	\$18

METROWEST RECREATIONAL E-SPORTS LEAGUE (Grade 6-12)

The Metrowest Recreational E-Sports League provides safe and inclusive gaming to participants of all ages! This Virtual program is a fun and social way to play against your friends from the comfort of your own home! Compete against your friends in town, or make new friends while playing your choice of Madden 21, Fortnite, FIFA, NBA 2K, NBA 2K21, or Super Smash Bros!

***NTP Member Price: \$25, non-member: \$30**

★ MADDEN 21 (Grade 3-5)

Location: Online

Start Date: Mon January 11

Time: 8:00-9:00pm

★ NBA 2K21

Location: Online

Start Date: Wed January 13

Time: 8:00-9:00pm

★ FORTNITE

Location: Online

Start Date: Tues January 12

Time: 8:00-9:00pm

★ SUPER SMASH BROS

Location: Online

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★ FIFA

Location: Online

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***NTP = Natick Teen Programs, description on page 4**

Registration begins December 17, 2020 at 12:00pm and is open for Natick residents ONLY unless otherwise specified.

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TEEN CENTER



NATICK TEEN PROGRAMS (NTP)

(NTP) membership is \$25/season

Winter season: January 4 - April 2

Available for students in grades 5 – 8

Membership includes access to the Teen Center and discounts on NRPD teen classes and programs. Look for membership pricing in each program description.



"Keep up the great work!"



Membership registration is online. This must be completed before registering for teen programs to receive accurate pricing.

Teen Center participants will receive their Teen Pass on their first visit. The Teen Pass is a photo badge that all participants will use to scan in and out from the program each day.

TEEN CENTER (grades 5-8)

Cole Center (179 Boden Lane, Natick MA)



The Teen Center is a space for teens and their friends to hang out afterschool. As Teen Center members, participants take charge of their free time. Activities are available in the game room, gym, and outside on the fields, where they can play, create, and share freely with their peers. The Teen Center offers a wide variety of programs and activities throughout the afternoon without additional fees or registration. Weekly schedules are posted on our Facebook page the Wednesday prior, and registration for the upcoming week opens the Thursday prior, at 12:00pm.

Remote Learning Center - Remote learning space is available for participants to work during their remote week. Socially-distanced desks will be organized for remote work, and staff are available for tech support if needed. This is only accessible to participants during their remote learning week.



Grade
5-8

Day
Monday-Friday

Time
7:30am-1:00pm

Cost
\$15 per week

Teen Center-- Afternoons at the Teen Center will offer games and activities in a socially-distanced manner. The programs will utilize outdoor space whenever possible and require masks to be worn at all times. Students in school & remote learning weeks are eligible to attend the Teen Center afterschool.

Pre-registration is required. Registration is weekly and will open on the Thursday prior at 12:00pm. Weekly registration fees are \$5 with a NTP Membership. *NTP membership is a seasonal fee of \$25 (winter season is Jan 4th- April 2nd).*

Grade
5-8

Day
Monday - Thursday

Time
1:15-5:30pm

Cost
\$10 per week



SKYLINE/ADAPTIVE PROGRAMMING

(Open to non-residents)



Serving the Natick Community and surrounding towns with adaptive and inclusive programs for individuals with special needs.

VIRTUAL COFFEE HOUSE (Teens and Adults)

Location: Online

Belt out your favorite song at Karaoke with friends. Sing along or just join in on a dance party!

S#	Day	Date	Time	Price
01	Fri	Jan 8	6:00-8:00pm	\$10
02	Fri	Feb 12	6:00-8:00pm	\$10
03	Fri	Mar 12	6:00-8:00pm	\$10

SATURDAY'S LUNCH BUNCH

Location: Online

Join us for lunch as we socialize, play games and eat together online!

S#	Day	Date	Time	Price
L1	Sat	Jan 9	12:00-1:00pm	\$5
L2	Sat	Jan 30	12:00-1:00pm	\$5
L3	Sat	Feb 6	12:00-1:00pm	\$5
L4	Sat	Feb 13	12:00-1:00pm	\$5
L5	Sat	Feb 27	12:00-1:00pm	\$5
L6	Sat	Mar 13	12:00-1:00pm	\$5

VIRTUAL CAMPFIRE

Location: Online

It is time to buckle in and sit around a virtual campfire for stories, songs and memory shares!

S#	Day	Date	Time	Price
01	Tue	Jan 12	6:00-7:30pm	\$10
02	Tue	Feb 2	6:00-7:30pm	\$10
03	Tue	Feb 23	6:00-7:30pm	\$10



PUT IT INTO DRIVE

Location: Your House!

Skyline/Arrowhead staff can come to your front yard in the Natick Recreation and Parks Department bus and spend 30 minutes socially distanced socializing! Sign up for a date and then coordinate with Melissa a time (typically after 10am) and what social activity your individual would want to participate in. This program can be a show the staff performs, a game that we can play or adapt to work socially distanced, or just hang and chat! We will update you the Friday before if there needs to be an adjustment due to weather.

S#	Day	Date	Time	In-Town Price	Out-of-Town Price
A1	Mon	Jan 18	Various times	\$30	\$45
A2	Sun	Feb 7	Various times	\$30	\$45
A3	Sun	Feb 28	Various times	\$30	\$45
A4	Sun	Mar 14	Various times	\$30	\$45

VIRTUAL BOOK CLUB

Location: Online

Book Club has been going well and we would like to continue it. The current book club participants will pick the book for winter so stay tuned to hear which book we will be reading!

S#	Day	Date	Time	Price
01	Thu	Feb 4- Mar 11	4:00-5:00pm	\$10

VIRTUAL FAMILY GAME NIGHT (All Families Welcome)

Location: Online

We are so excited to put together a game night for families! We will be playing UNO this weekend. Every family will need to have their own Uno set (if you do not have one please reach out to Melissa at mcarter@natickma.org). Please note you only need 1 screen per household/family but all should be able to be seen on the screen if possible.

S#	Day	Date	Time	Price
01	Sat	Feb 6	7:00-8:30pm	\$10 (Per Family)

ARROWHEAD SWAG (Available Now!)

Purchase past summer t-shirts to help with next summer's costs. This summer we had limited shirts and backpacks. Find photos of all the available clothing on the website at Camparrowheadnatick.com, hover cursor over "how to help" then select "Swag"

1. This summer's t-shirt \$7
2. This summer's backpacks \$13
3. Past years t-shirts \$7
4. Alumni T-shirts \$10
5. The Legend Lives on \$10



FAMILY/SPECIAL EVENTS



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Registration in FALL season
on Community Pass



**MASKS
REQUIRED**

★ COOKIE DECORATING

Instructor: Recreation and Parks Staff

Location: Cole Center

Get out of the house with the family for a sweet treat. Your entire family can enjoy some delicious and creative fun decorating cookies outdoors. Each family will have their own work space, supplies and ingredients provided by us.

S#	Day	Date	Time	Price
01	Mon	Dec 28	10:00 am-12:330pm	\$10/Family

★ CANDLE MAKING

Instructor: Recreation and Parks Staff

Location: Cole Center (Outdoors)

Brighten up the dark days of winter with your own set of candles. Bring the family for an outdoor activity of making candles. This is a crafty, socially-distanced activity for the entire family to enjoy together. Each participant over the age of 2 will be able to make their own creation to bring home.

(30 Minute time slots)

S#	Day	Date	Time	Price
01	Tue	Dec 29	10:00-12:30pm	\$15/Family

★ MAKE YOUR OWN BOARD GAME

Instructor: Recreation and Parks Staff

Location: Cole Center (Indoors)

Create your own board game for an awesome family game night! This socially-distanced craft project is a great way to engage the whole family. We provide the blank game board, pieces, and art supplies; you bring the creativity to make it your own! Program will run indoors with families spaced in different classrooms. (90 Minute time slots)

S#	Day	Date	Time	Price
01	Wed	Dec 30	10:00-11:30am	\$35/Family



WINTER STARGAZING

Instructor: L.L. Bean

Location: Sassamon Trace (233 S. Main St, Natick)

With cool winter nights come clear, low-haze skies. This course covers how to use a star guide to ID constellations and planets, interesting seasonal highlights, stargazing apps and equipment, and how to spot satellites and the International Space Station. (Participants under the age of 15 must be accompanied by an adult)

S#	Day	Date	Time	Price
01	Fri	Jan 22	6:00-8:00pm	\$25
02	Sat	Feb 20	6:00-8:00pm	\$25

YOUTH MENTAL HEALTH FIRST AID (Ages 18+)

Instructor: Youth Mental Health First Aid Instructors,
Certified by the National Council

Location: Online

Youth Mental Health First Aid is a public education program that introduces adults to the unique risk factors and warning signs of mental health concerns in adolescents, builds understanding of the importance of early intervention, and teaches individuals how to help youth in crisis or experiencing a mental health challenge. **Certificate is valid for 3 years.** This program requires 2 hours of pre-work, which you will receive over 1 week before the start of the 4-hour virtual training. The pre-work must be completed before the training.

S#	Day	Date	Time	Price
01	Mon	Jan 18	9:00-2:00pm	\$25
02	Mon	TBA	TBA	\$25



FAMILY FIELD DAYS

Instructor: Recreation and Parks Staff

Location: Cole North (Outdoors)

Stop by and enjoy the equipment we have set up for your family to use! Cornhole, frisbee golf, and Spikeball sets will be available, as well as a variety of sports equipment to check out. Recreation staff onsite to sanitize equipment regularly. (Participants under the age of 15 must be accompanied by an adult)

S#	Day	Date	Time	Price
01	Sat	Jan 23	11:00am-2:00pm	FREE
02	Sun	Feb 28	11:00am-2:00pm	FREE

SNOWSHOEING

Instructor: L.L. Bean

Location: TBA

This program will cover snowshoe sizing and design, snowshoeing technique, and general cold-weather hiking skills and navigation. A 2-hour hike is included with this program. Participants must provide their own snowshoeing equipment. (Participants under the age of 15 must be accompanied by an adult)

S#	Day	Date	Time	Price
01	Sat	Jan 30	9:00 am-12:00pm	\$25
02	Sun	Feb 14	9:00 am-12:00pm	\$25



*"I'm very impressed by the array
of offerings."*

FAMILY/SPECIAL EVENTS

CONTINUED...



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Registration in FALL season
on Community Pass



"I just want to say out loud how incredibly grateful we are for the thoughtful alternative programming"



★ SENSORY ROOM **NEW**

Location: Cole Center (Indoors)

Get up and out of the house by coming to our new sensory room at the Cole Center! We are slowly creating a space for individuals to take breaks from programming and/or do their homework during teen center hours.

We are offering limited family time slots. **All individuals who participant must attend with an adult.** The room will have calming lights and a few touchable toys. 1 registration per family includes 2-4 individuals for a 45 minute time slot. All proceeds of this program will go towards more equipment for this space.

S#	Day	Date	Time	Price
01	Mon	Dec 28	Various Times	\$10
02	Tue	Dec 29	Various Times	\$10
03	Wed	Dec 30	Various Times	\$10

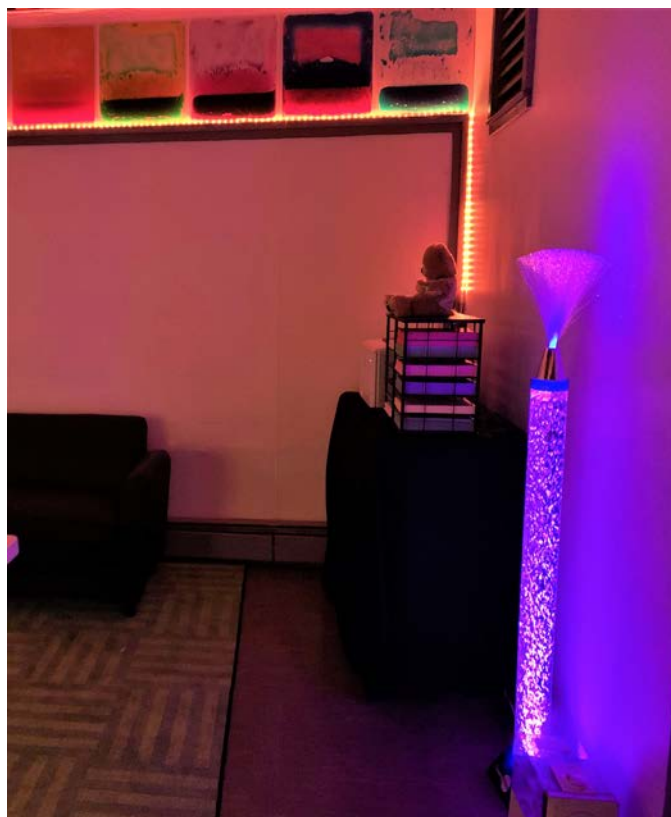


Photo by Melissa Carter

SENSORY ROOM ONLINE REGISTRATION IS IN WINTER SEASON FOR THE FOLLOWING DATES:

Mornings:

Jan 6, 7, 19, 20

Feb 2, 3



Afternoons:

Jan 13, 14

Feb 9, 11

FRIENDS AND FAMILY FIRST AID AND CPR (Ages 10-13)

Instructor: Juanita Allen, EMT AND CPR & First Aid Instructor

Location: Online

If you're caring for kids or you're old enough to be alone with your friends, you need to know how to keep yourself and others safe. In this workshop you'll learn how to prevent injuries and respond appropriately in case of a medical emergency. We'll cover first aid basics that help you manage illness and injuries for the first few minutes until help arrives. You'll learn CPR and how to use an AED; how to handle allergic reactions; and how to treat burns, breaks, sprains, and other physical injuries. You'll also learn to assemble a mini first aid kit. An individual in-person CPR skills check will be scheduled with the instructor following the class.

S#	Day	Date	Time	Price
01	Thurs	Feb 11	6:00-8:30pm	\$56



Photo by Adam Pulzetti photography



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