

# **Natick Recreation and Parks**

## **2021 Fall Brochure**



Hello Residents,

Recreation and Parks is committed to ensuring all Natick residents have the opportunity to experience physical and mental wellness through quality recreation programming. I am sure you will find something within our fall 2021 offerings to enhance your lives in Natick. It is my privilege to serve this wonderful community and I take great pride in offering equitable and inclusive programs to our citizens. Follow us on Facebook, Instagram, and YouTube to make sure you don't miss out on our daily happenings!

**\*\*Please be mindful when registering for our programs knowing that as the Town of Natick and/or the State of Massachusetts COVID-19 guidance changes, so will our programs. Each program will comply with current guidelines that are in effect during the dates of each program.**

-Karen Partanen, Recreation & Parks Director

## RECREATION AND PARKS DEPARTMENT

179 Boden Lane  
Natick MA, 01760

Phone: 508-647-6530  
Fax: 508-647-6535  
Website: [www.natickma.gov/recreation](http://www.natickma.gov/recreation)  
Facebook: [facebook.com/NatickRecParks](https://facebook.com/NatickRecParks)  
YouTube: Natick Recreation and Parks Department

## ADMINISTRATIVE STAFF

Karen Partanen, Director  
Dan Keefe III, Assistant Director  
Mary-Lou Coffey, Executive Assistant  
Andrea Verdelli, Administrative Assistant  
Aaron Friedman, Program Director  
Lauren Meurer, Youth Center Coordinator  
Melissa Carter, Adaptive Program Coordinator  
Lisa Mapel, Receptionist  
Serena Roberts, Receptionist  
Shawn Gilbert, Custodian  
Kurt McDowell, General Manager – Sassamon Trace  
Eric Fontaine, Superintendent – Sassamon Trace

***Every program and activity in the Recreation and Parks Department is open to all, regardless of race, religion, color, sex, marital status, national origin, or persons with disabilities.***

## BUSINESS HOURS:

Monday – Friday  
8:00 am – 5:30 pm



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**PRESCHOOL**

**ON MY OWN PLAYGROUP (2-pre-k)**

**Location: Cole Center**

Playgroup provides a comfortable and relaxed environment for your child to develop social skills with children their own age. Activities include: free play, physical play, art, circle time with music, stories and dance. Class will take place outside when possible and masks are required indoors. Staff will regularly clean any potential shared equipment. This program is NOT certified by EEC and due to regulations participants are limited to sign-up for a maximum of 2 days per week, registered by day of the week.

- Child must be the proper age on the first day of class. Must choose between either morning or afternoon session.
- Morning classes please bring a snack. Afternoon classes bring a lunch.

**NO PEANUTS OR NUT PRODUCTS.**

- For more information on the program, please read our Parents Manual online at [www.natickma.gov/recreation](http://www.natickma.gov/recreation)
- This program is **NOT** certified by the Department of EEC.

**Session 1: Sep 13-Oct 22 (6 wks)**

AM (ages 2-3) 9:00-11:00 am \$125/day of the week

**Select from Mon, Tue, Wed, Thu OR Fri  
(max 2 days a week per session)**

*(No program Sep 16, Oct 11, prices prorated.)*

PM (3-pre-k) 11:30 am-2:00 pm \$150/day of the week

**Select from Tue, Wed OR Thu  
(max 2 days a week per session)**

*(No program Sep 16, Oct 11, prices prorated.)*

**Session 2: Nov 1-Dec 17 (6 wks)**

AM (ages 2-3) 9:00-11:00 am \$125/day of the week

**Select from Mon, Tue, Wed, Thu OR Fri  
(max 2 days a week per session)**

*(No program Nov 11, 22-26, prices prorated.)*

PM (3-pre-k) 11:30 am-2:00 pm \$150/day of the week

**Select from Mon, Tue, Wed, Thu  
(max 2 days a week per session)**

*(No program Nov 11, 22-26, prices prorated.)*

**ON MY OWN PLAYGROUP (2-pre-k)**

**October Bridge week**

**Location: Cole Center**

Join us for a week of fun filled activities. Each day is a separate registration and filled with different themed activities.

**This program is NOT certified by the Department of EEC.**

S#	Day	Dates	Times	Price	Activity
01	Mon	Oct 25	9:00 am-12:00 pm	\$25	Colorful Cooking
02	Tue	Oct 26	9:00 am-12:00 pm	\$25	Gymboree
03	Wed	Oct 27	9:00 am-12:00 pm	\$25	Storybook Crafts
04	Thu	Oct 28	9:00 am-12:00 pm	\$25	Science Exploration
05	Fri	Oct 29	9:00 am-12:00 pm	\$25	Fun and Games



**DANCE PRE K (ages 4-5+/pre-k)**

**Instructor: Cindy Wright**

**Location: Cole Center**

This class will focus on basic ballet and children's jazz/hip-hop (with age appropriate moves and music). Children will learn dance routines and there will be an informal performance at the final class. Students should wear any style dance wear or comparable clothes and ballet slippers or non-skid socks. (8 wks)

S#	Day	Dates	Times	Price
01	Wed	Sep 29-Dec 1	1:00-2:00 pm	\$135

*(No program Oct 13, Nov 24)*

*"Thank you all so much for such a positive experience for my kids."*

**F.A.S.T • T-BALL (ages 3-pre k)**

**Instructor: F.A.S.T Athletics Coaching Staff**

**Location: Cole Center Field**

All participants will learn the basic skills of fielding, throwing, hitting and base running. In addition, we will play games such as home run derby, last one standing and running bases. Learning and skill development are the priorities. (5 wks)

S#	Day	Dates	Times	Price
01	Tue	Sep 14-Oct 12	3:00-4:00 pm	\$77

**INTRO TO DANCE (ages 3 & 4)**

**Instructor: Cindy Wright**

**Location: Cole Center**

An introduction to the wonderful world of dance through creative movement (pre-ballet). Students will develop gross motor skills, coordination, group skills and self-confidence. Dancers will be encouraged to use their imaginations to explore/create their own individual styles. Students should wear ballet slippers or non-skid socks and any style/color dance wear or comparable attire. (8 wks)

S#	Day	Dates	Times	Price
01	Wed	Sep 29-Dec 1	12:00-12:45 pm	\$111

*(No program Oct 13, Nov 24)*

## NATICK DAYS

Saturday, September 11 • 10:00 am–3:00 pm

Rain Date: Sunday September 12 • 1:00 pm start

Join in on Natick's own all day community celebration, held in downtown Natick. Details of events coming soon in newspapers and the schools virtual back pack.

<http://natickcenter.org/natick-days-community-festival>

We will be running shuttles for those of you coming down to Natick Days who do not want to brave the crowds. We will be running shuttles from the Natick High School (15 West Street) main parking. Shuttles will run from 8:30 am to 4:00 pm. Shuttles are free and anyone riding the shuttles will receive four tickets each, each ticket is worth ¢.25 that can be used towards amusements or food!

*"Thank you so much for the great information. Definitely people driven and service focused!"*

## "SPOOKTACULAR" • (HALLOWEEN PARTY)

Sponsored by Cognex

AGES 3–k (event is geared to this age group)

Saturday, October 30

Starts at 12:00 pm

Natick Common

The annual town-wide Halloween Party will take place on the Common. If you are interested in volunteering or making a donation to help with the event, contact Aaron Friedman at 508-647-6530. Look for details on our website, Facebook, libraries and in the local papers.

## YOUTH



### ARCHERY (grades 4 & up)

Instructor: On the Mark Archery Staff

Location: Cole Recreation Center, 179 Boden Lane, Natick

Are you ready to learn your new favorite sport? Join the program that has everyone raving about one of the world's most exciting sports: recurve archery. Patience, focus and discipline are the only things needed to find success and achieve consistent shot groups. Our unique lesson plans engage students in unique challenges while balancing out individualized attention and feedback. Enrolled students are eligible for the On the Mark Archery Tournament this October. All equipment provided. (4 wks)

S#	Day	Dates	Times	Price
01	Mon	Sep 27-Oct 25	6:30-7:30 pm	\$155

(No program Oct 11)

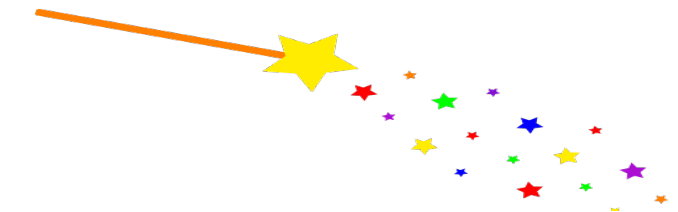
### INTERMEDIATE ARCHERY \*NEW\* (grades 4 & up)

Instructor: On the Mark Archery Staff

Location: Cole Recreation Center, 179 Boden Lane, Natick

Explore the shooting form taught in the Olympic training camps known as the 'National Training System' (NTS). Learn a new way of shooting in a technical step-by-step outline that will improve your consistency, accuracy and mental fortitude. All equipment provided. (5 wks)

S#	Day	Dates	Times	Price
01	Mon	Nov 1-Nov 29	6:30-7:30 pm	\$190



### DO YOU BELIEVE IN MAGIC (ages 8-12)

Instructor: Joe Carota

Location: Cole Center

Learn the "art" of magic from a professional magician! Get hands-on assistance as you learn the secrets behind each trick. Participants will be able to keep a kit with props and booklet explaining each trick. Joe has new tricks to learn in each session (5 wks)

S#	Day	Dates	Times	Price
01	Fri	Oct 1-Oct 29	4:00-5:15 pm	\$120

### DROP AND SHOP (grades k-4)

Location: Cole Center

Make Black Friday into a win-win for everyone. Drop the kids off for the day while you go shopping and they get a fun day of playing air hockey, ping-pong, foosball, making art projects, playing gym games and much more. A snack and drink will be provided as well as a pizza lunch.

S#	Day	Dates	Times	Price
01	Fri	Nov 26	9:00 am-3:00 pm	\$30 first child \$25 second child \$20 third child

**F.A.S.T FLAG FOOTBALL (grades 2-4)**

**Instructor:** F.A.S.T Athletics Staff

**Location:** Cole Center Field

F.A.S.T. Athletics will teach everyone game strategies, throwing and catching techniques and how to work together as a team. The players will be able to participate in different situational games; Red Zone defense, fourth and inches and the QB Challenge. The F.A.S.T. Coaches will have tons of plays ready to go for their teams. (5 wks)

S#	Day	Dates	Times	Price
01	Tue	Sep 14-Oct 12	4:00-5:00 pm	\$87

**FIELD HOCKEY CLINIC (grades 5-8)**

**Instructor:** Ainslee Lamb, Former Head Coach at BC and Yale

**Location:** Cole Center North Field

Fundamental introduction to the game of Field Hockey. Teaching basic skills and game understanding to perform on the field. A fun approach to providing a positive experience for young players to provide them with the tools to enjoy the game.

No experience necessary. Sticks provided. **Bring:** Shin guards, mouth guard and cleats. (4 wks)

S#	Day	Dates	Times	Grade	Price
01	Wed	Sep 15-Oct 6	3:00-4:00 pm	5 & 6	\$30
02	Wed	Sep 15-Oct 6	4:15-5:15 pm	7 & 8	\$30



**HOME ALONE SAFETY (grades 3-5)**

**Instructor:** Juanita Allen, EMT and CPR & First Aid Instructor

**Location:** Cole Center

Girls and boys learn telephone and door answering techniques, internet safety and accident and fire protection. They will also learn some basic first aid and time management tips for when they are alone for short periods of time.

S#	Day	Dates	Times	Price
01	Wed	Oct 13	1:00-3:00 pm	\$40
02	Wed	Nov 3*	1:00-3:00 pm	\$40

\*Grade 3 & 4 only Early Release

**STORYBOOK THEATER (ages 4-6)**

**Instructor:** Cindy Wright

**Location:** Cole Center Gym

Children will bring stories to life through acting, singing and dancing. They will have costumes and props and there will be a performance at the last class. (8 wks)

S#	Day	Dates	Times	Price
01	Fri	Sep 17-Nov 5	1:30-2:30 pm	\$135

**INTRO TO THEATER #1 (ages 5-7)**

**Instructor:** Cindy Wright

**Location:** Cole Center Gym

Children will develop acting, musical and dance skills as they prepare for a short theatre performance at last class. They will wear costumes and use props (provided by instructor). Class is appropriate for non-readers and beginner readers. (8 wks)

S#	Day	Dates	Times	Price
01	Fri	Sep 17-Nov 5	3:30-4:30 pm	\$135

**INTRO TO THEATER #2 (age 7-grade 4)**

**Instructor:** Cindy Wright

**Location:** Cole Center Gym

Children will develop acting, musical and dance skills as they prepare for a short performance/musical play at the last class. They will be assigned equitable, age appropriate roles to play and they will wear costumes and use props (provided by instructor). Acting exercises and theater games will be included at each class. (10 wks)

S#	Day	Dates	Times	Price
01	Fri	Sep 17-Dec 10	4:45-6:00 pm	\$165

(No program Oct 15, Nov 12, 26)

*"My child loved "costume class". I signed him up for next season!"*

**NATICK DRAMA WORKSHOP (grades 5-8)**

**Instructors:** Cindy Wright-Director, Lisa Cigna-Choreographer

**Location:** Rehearsals at Cole Center

**Location:** Shows TBA

This program gives children an opportunity to experience and explore theater arts through their participation in a musical production. One parent/guardian of each participant must attend one of the two mandatory meetings: September 11 at 9:00 at the Cole Center **OR** a Zoom meeting, time for Zoom is **TBA** for an overview of our program and to sign up for various volunteer jobs. Times below are subject to change. Please note that there may be a special Sunday night rehearsal due to the short schedule (day may be changed). (\$135)

	Day	Dates	Times
<b>AUDITION</b>	Sat	Sep 11	9:00 am-12:30 pm
<b>REHEARSALS</b>	Sat	Sep 18-Nov 6	9:00 am-12:30 pm
<b>EXTRA REHEARSAL</b>	Sun	TBA	6:00-8:30 pm
<b>TECH</b>	Sun	Nov 7	12:00-5:00 pm
<b>TECH WEEK</b>	Mon-Wed	Nov 8-10	5:00-9:00 pm
<b>SHOWS</b>	(Subject to change)	Nov 12-14	TBA

**Special Note:** The Friends of Natick Drama Workshop (FNDW), a non-profit organization operating under a Board of Directors in co-operation with NRPD, insure that the production needs of the NDW program are met by organizing parent volunteers. Production needs include communication to cast members and parents, publicity, set design and construction, lighting and sound, costumes, props, ticket sales and refreshments. There is an additional \$80 that will be required from each participant, payable to Friends of Natick Drama Workshop that will assist in covering production costs.

**PARENTS NIGHT OUT (ages 5-11)**

**Instructor: Recreation Staff**

**Location: Cole Center**

Drop the kids off for a night of games, crafts and movies while you have your own night of fun. Supervised by CPR & FA certified staff. Due to COVID-19 restrictions, adaptations to this program have been made from previous years. A small pre-packaged snack will be provided. NO cash snack bar or vending will be available, at this time. Participants must wear a MASK at all times indoors (scheduled mask breaks will occur periodically). **Multi-child discount: \$2 off per 2nd child and more PER INDIVIDUAL NIGHT REGISTRATION.**

S#	Day	Dates	Times	Price
01	Sat	Sep 25	5:30-8:30 pm	\$22
02	Sat	Oct 9	5:30-8:30 pm	\$22
03	Sat	Oct 23	5:30-8:30 pm	\$22
04	Sat	Nov 6	5:30-8:30 pm	\$22
05	Sat	Nov 20	5:30-8:30 pm	\$22
06	Sat	Dec 4	5:30-8:30 pm	\$22
07	Sat	Dec 18	5:30-8:30 pm	\$22

**PLAY TENNIS AMERICA (grades 3-7)**

**Instructor: Longfellow Tennis Club Staff**

**Location: Longfellow Tennis Club, 16 Michigan Drive, Natick**

Basic fundamentals taught for beginners and advance beginners only, no advanced players. (6 wks)

S#	Day	Dates	Times	Grade	Price
01	Sun	Sep 19-Oct 31	5:00-6:00 pm	3 & 4	\$123
02	Sun	Sep 19-Oct 31	6:00-7:00 pm	5-7	\$123
03	Sun	Nov 7-Dec 19	5:00-6:00 pm	3 & 4	\$123
04	Sun	Nov 7-Dec 19	6:00-7:00 pm	5-7	\$123

*(No program Oct 10, Nov 28)*

**SKYHAWKS BASEBALL (ages 7-11)**

**Instructor: Skyhawks Staff**

**Location: Cole South Field (by backstop)**

Learn the fundamentals of fielding, catching, throwing, hitting, and base running -- all in a fun, positive environment. Specifically designed for beginning and intermediate players, this program teaches athletes new baseball skills along with vital life lessons such as respect, teamwork and responsibility. Don't forget your glove, water bottle and sunscreen. (4 wks)

S#	Day	Dates	Times	Price
01	Tue	Sep 21-Oct 12	4:00-5:00 pm	\$75

**EARTH, SPACE AND SEA (grades k-2) \*NEW**

**Instructor: Wicked Cool for Kids**

**Location: Cole Center**

Look at our big blue planet and beyond! Delve deep into space, train like an astronaut, and build air-powered space shuttles to exit the atmosphere. Next, return to earth to analyze the makeup of the planet's surface and earth's extremes like earthquakes and erupting volcanoes. Then, we will dive down deep into the ocean to explore as ocean engineers to stop an oil spill, and investigate ocean invertebrates. (6 wks)

S#	Day	Dates	Times	Price
01	Tue	Sep 21-Oct 26	4:00-5:00 pm	\$150

**STEAM STUDIO (grades 3-5) \*NEW**

**Instructor: Wicked Cool for Kids**

**Location: Cole Center**

Join the STEM to STEAM movement - where science and art meet! Engineer and design awesome projects while learning science and math concepts. Get messy with colors, chemicals and creations to create cool rainbow slime, density tubes and shimmering salt crystals. Make repeating geometric patterns and cool nature boxes to take home. (6 wks)

S#	Day	Dates	Times	Price
01	Tue	Nov 2-Dec 7	4:00-5:00 pm	\$150

**SPEED AND ENDURANCE (ages 7-11)**

**Instructor: Kathy Fleming**

**Location: Community Senior Center, 117 E. Central Street**

Speed and endurance are two essential qualities needed to compete to the best of their ability. Kathy Fleming a 1996 Olympic Trials Finalist and former Cross Country and Track Coach at Boston College can help them become a better all-around athlete. Through drills, hill running and working on running form and strength, your athlete will reach to new levels. Bring your running shoes and a water bottle. (5 wks)

S#	Day	Dates	Times	Price
01	Thu	Sep 23-Oct 21	5:15-6:15 pm	\$85



*"This is one special town."*



**WINTER YOUTH BASKETBALL (grades 3-8)**

Grade 3-8 teams practice once a week, Monday-Thursday. Teams play a nine game schedule, weather permitting, on Saturdays, between 9:00 am and 3:30 pm. If need be, there will be a special practice/evaluation for 7<sup>th</sup> graders on a Sunday afternoon, date TBA.

Divisions: 01 Grade 3 & 4 girls, 02 Grade 3 & 4 boys, 03 Grade 5 & 6 girls, 04 Grade 5 & 6 boys, 05 Grade 7 & 8 girls, 06 Grade 7 & 8 boys

**Season runs Mon Nov 29-Feb 19**

**Fee: Grades 3-6, \$125 • Grades 7 & 8, \$135 \*\***

\*\* Please note: Due to past scheduling conflicts, Grade 7 & 8 Travel Basketball Players will not be allowed to register for the winter youth recreation basketball program.

**\*ATTENTION\* COACHES NEEDED!**

The Recreation Department would like to thank all past volunteer coaches who have made the program a great success. If anyone is interested in coaching, please contact the main office at 508-647-6530 and provide name, address, email and best phone number or you can email Dan Keefe at [dkeefe@natickma.org](mailto:dkeefe@natickma.org) with the same information. We will email a coaches packet for you to fill out and get back to us.

**TEEN**

**TEEN CENTER (grades 6+)**  
**Location: Cole Center, 179 Boden Ln**

The Teen Center is a drop-in, afterschool program for middle and early high school students living in Natick and/or attending Natick schools, in grades 6 and up. As Teen Center Members, students can take charge of their afterschool activities in the gym, game room, and on the fields, where they can play, create, and share freely amongst their peers. Open weekly Monday through Thursday (unless otherwise specified), the Teen Center offers a wide variety of programs and activities throughout the afternoon. CPR/FA certified staff are on site to lead programs, hang out with participants, and guide students through their exciting afternoons! **Natick Teen Programs Membership is required, see below.**

Follow Natick Teen Programs on Facebook for an updated activity calendar & information on the classes, workshops, and events offered through the Recreation Department.

Mondays-Thursdays, 2:15-6:00 pm starting September 8<sup>th</sup>

**Special Dates:**

**Closed: Sep 16, Oct 11, Nov 11, 24, 25**

Open on early release days: 11:30 am-6:00 pm: Sep 22, Oct 13, Dec 8

The Teen Center is a drop-in program only, so program participants may check in and out of the program throughout the afternoon, and the program is not responsible for them after closing time. To officially check out of the program, participants must leave the Cole Center property or join a new, registration-based program (such as a Natick Soccer Club practice) This program is not licensed by the Department of Early Education and Care or any other state agency.

*"This place (Teen Center) is my COVID  
happy place"*

**NATICK TEEN PROGRAMS MEMBERSHIP  
(grades 5 & 6+)**

The Natick Teen Programs (NTP) Membership (Gr 6+) includes daily access to the Teen Center, special events, and discounts on all teen classes. Look for membership pricing in each program description.

\$75/season. Seasons: Fall (Sep-Nov), Winter (Dec-Mar), Spring (Apr-Jun)

Membership registration is online. Once registered, students will receive Teen Pass on their first visit to use at drop-in programs.

5<sup>th</sup> Grade membership: Membership is just \$10/season and provides discounts on all teen classes. Membership does not provide access to Teen Center.

**MIDDLE SCHOOL EARLY RELEASE TO ROLLER KINGDOM  
(grades 5-8)**

**Instructor: Recreation Staff**

Join the Recreation and Parks department as we adventure off to Roller Kingdom for an afternoon of skating/blading, games, food and fun. Trip includes rental, slice of pizza, a soda, chaperones and transportation from Kennedy or Wilson Middle school. Return bus drop-off will be at the Cole Center at 4:30 pm.

S#	Day	Dates	Times	Mem Price	Non-Mem Price
01	Wed	Oct 13	11:30 am-4:30 pm	\$42	\$47



**DUNGEONS AND DRAGONS (grades 5-12)**

**Instructor: Recreation Staff**

**Location: Cole Center**

Want to go on fantastic adventures like your favorite book, movie and game characters? Brave enchanted woods, outwit foes and thwart ancient monsters! Come try Dungeons and Dragons! No experience necessary, but participants should bring their books and/or dice if available. Please bring a bagged dinner. Once registered, participants will be assigned to one of two campaigns, and will remain with that group for the entire season. **(Fridays)**

S#	Dates	Times	Mem Price	Non-Mem Price
01	Sep 10, 24, Oct 8, 22, Nov 12	5:30-9:00 pm	\$125	\$135
02	Sep 17, Oct 1, 15, Nov 5, 19	5:30-9:00 pm	\$125	\$135

**BLAST BABY SITTING (grades 6-9)**

**Instructor: Juanita Allen, EMT/CPR & First Aid Instructor**

**Location: Cole Center**

Babysitter Lessons and Safety Training. Potential babysitters will learn how to handle the basics of infant and child-care. Topics you will cover range from how to react responsibly to medical emergencies, how to perform first aid for common childhood injuries and illnesses, how to set-up and run your own babysitting business and how to entertain with games and songs. Participants will receive a certificate of completion, easy-to-follow first aid instructions, and a sitter checklist to copy for each job. Participants should bring a light snack and drink.

S#	Day	Dates	Times	Mem Price	Non-Mem Price
01	Wed	Oct 13	3:00-6:00 pm	\$45	\$50
02	Wed	Nov 3	3:00-6:00 pm	\$45	\$50

**FANTASTIC FRIDAYS (grades 5-6)**

**Instructor: Teen Center Staff**

**Location: Cole Center, 179 Boden LN**

Enjoy a night out at Fantastic Fridays. The gym and game room are always open, with a DJ, ping-pong, air hockey, basketball, pool, and more.

Concessions are for sale as a fundraiser for future activities. Theme nights include dodgeball, movie night, sports night, trivia night, and more!

Chaperoned by recreation staff.

S#	Day	Dates	Times	Mem Price	Non-Mem Price
01	Fri	Oct 22	7:00-9:00 pm	\$5	\$10
02	Fri	Nov 19	7:00-9:00 pm	\$5	\$10
03	Fri	Dec 17	7:00-9:00 pm	\$5	\$10

No pre-registration necessary for individual events, please pay at the door.

**FIRST AID AND CPR CERTIFICATION (16+ Years old)**

**Instructor: Juanita Allen, EMT and CPR & First Aid Instructor**

This certified course is designed for individuals who may need to respond to a First-Aid emergency. Participants will learn how to handle injuries and manage illness in the first few minutes until professional help arrives. An in-person skills check will take place with the instructor. Certification is good for 2 years.

S#	Day	Dates	Times	Price
01	Wed	Oct 13	6:15-8:45 pm	\$75
02	Wed	Nov 3	6:15-8:45 pm	\$75

**MetroWest E-Sports League  
(Elementary, Teen, & Adult leagues)**

The MetroWest Recreational E-Sports league provides safe and inclusive gaming to participants of all ages and abilities!

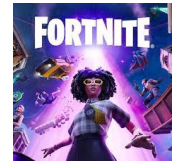
This league is hosted by GG Leagues to ensure fair gaming for all participants. Participants will have the ability to chat with their opponent, play against their friends, and compete to be the best in the MetroWest area! All interactions are monitored by GG Leagues, with support from Natick Recreation and Parks to ensure a safe, positive experience.

Registration opens August 31<sup>st</sup> and closes September 22<sup>nd</sup>  
NEW Season Membership \$30, \$25 for NTP members.

*"It's great to find employees as  
passionate about this town as I am"*



**Leagues**



Compete against your friends in town, or make new friends from the MetroWest area while playing your favorite game! Leagues run for 6 weeks (5 weeks of a regular season, 1 week of playoffs).

**Madden**

**(PS4 w/PlayStation Plus Subscription OR Xbox w/Xbox Live Subscription)**

Age	Day	Dates	Times
(Y)	Mon	Oct 4-Nov 8	7:00-8:00 pm
(T)	Mon	Oct 4-Nov 8	8:00-9:00 pm
(A)	Mon	Oct 4-Nov 8	9:00-10:00 pm

**KEY:**

Y = Youth  
T = Teen  
A = Adult

**Fortnite 1v1 [beginner]**

**(PC, Nintendo Switch, Playstation, Xbox)**

Age	Day	Dates	Times
(Y)	Tue	Oct 5-Nov 9	7:00-8:00 pm
(T)	Tue	Oct 5-Nov 9	8:00-9:00 pm
(A)	Tue	Oct 5-Nov 9	9:00-10:00 pm

**Rocket League 1v1 [beginner OR competitive]**

**(PlayStation, Xbox, PC, Nintendo Switch)**

Age	Day	Dates	Times
(Y)	Wed	Oct 6-Nov 10	7:00-8:00 pm
(T)	Wed	Oct 6-Nov 10	8:00-9:00 pm
(A)	Wed	Oct 6-Nov 10	9:00-10:00 pm

**Rocket League 3v3 [beginner OR competitive]**

**(PlayStation, Xbox, PC, Nintendo Switch)**

*Teams must come registered with a team of 3 or will be assigned to a team with players from the same town*

Age	Day	Dates	Times
(Y)	Wed	Oct 6-Nov 10	7:00-8:00 pm
(T)	Wed	Oct 6-Nov 10	8:00-9:00 pm
(A)	Wed	Oct 6-Nov 10	9:00-10:00 pm

**Super Smash Bros**

**(Nintendo Switch w/online Subscription)**

Age	Day	Dates	Times
(Y)	Thu	Oct 7-Nov 11	7:00-8:00 pm
(T)	Thu	Oct 7-Nov 11	8:00-9:00 pm
(A)	Thu	Oct 7-Nov 11	9:00-10:00 pm

**Fortnite 2v2**

**(PC, Nintendo Switch, Playstation, Xbox)**

*Teams must come registered with a team of 2, or will be assigned to a team with players from the same town.*

Age	Day	Dates	Times
(Y)	Fri	Oct 8-Nov 12	7:00-8:00 pm
(T)	Fri	Oct 8-Nov 12	8:00-9:00 pm
(A)	Fri	Oct 8-Nov 12	9:00-10:00 pm



**ADULTS**

**ARCHERY (grade 6 & up)**

**Instructor: On the Mark Archery Staff**

**Location: Cole Recreation Center, 179 Boden Lane, Natick**

Find your passion this fall and discover the empowerment of shooting a bow and arrow. For thousands of years, humans have used the bow for survival and it has evolved into a modern day recreational activity to become one of the fastest growing sports in America. The complex details of the shooting form are broken down into simplified steps that are easy to understand and execute. Mastery of the sport takes years, but fundamental success can be found with a focused mind and a determined attitude. Enrolled students are eligible for the On the Mark Archery Tournament for all students this October. All equipment is provided. (4 wks)

S#	Day	Dates	Times	Price
01	Mon	Sep 27-Oct 25	7:45-8:45 pm	\$155

*(No program Oct 11)*

**INTERMEDIATE ARCHERY (grade 6 & up)**

**Instructor: On the Mark Archery Staff**

**Location: Cole Recreation Center, 179 Boden Lane, Natick**

Explore the shooting form taught in the Olympic training camps known as the 'National Training System' (NTS) and learn a new way of shooting in a technical step-by-step outline that will improve your consistency, accuracy and mental fortitude by focusing solely on the process to achieve the results. All equipment is provided. (5 wks)

S#	Day	Dates	Times	Price
01	Mon	Nov 1-Nov 29	7:45-8:45 pm	\$190

**CO-ED VOLLEYBALL (ages high school graduate and older)**

**Location: Community Senior Center**

Players must be out of high school. Participants will play pick-up volleyball with the teams different each week. (10 or 13 wks)

S#	Day	Dates	Times	Price
01	Mon	Sep 20-Nov 29	6:30-8:30 pm	\$55
02	Wed	Sep 22-Dec 22	6:30-8:30 pm	\$67

*(No program, Oct 11, Nov 24)*

**CO-ED ULTIMATE FRISBEE (adults-high school graduate or older)**

**Location: Cole South Grass Field**

We play pick-up style games on Saturday afternoons. It is all about the fun and the exercise. (7 wks)

S#	Day	Dates	Times	Res Price	Non-Res Price
01	Sat	Sep 11-Oct 30	4:00-6:00 pm	\$20	\$40

*(No program Oct 9)*

"Thank you so much for this approach and response to the state guidance, and for your timely and thoughtful communication with families!"

**MEN'S OVER 50 BASKETBALL (adults, ages 50 & up)**

**Location: Community Senior Center Gym**

Pick-up game format will be used, pre-registration is a must. (14 wks)

S#	Day	Dates	Times	Price
01	Tue	Sep 21-Dec 21	7:00-8:30 pm	\$55

**MEN'S OVER 30 BASKETBALL (adults, ages 30 & up)**

Pick-up game format will be used, pre-registration is a must.

**Location: Wilson Middle School Gym (14 wks)**

S#	Day	Dates	Times	Price
01	Tue	Sep 21-Dec 21	7:00-8:30 pm	\$55

**Location: Community Senior Center Gym (12 wks)**

S#	Day	Dates	Times	Price
02	Thu	Sep 23-Dec 23	7:00-8:30 pm	\$47

*(No program Nov 11, 25)*

**\*\* NEW\*\* NATICK PICKLEBALL ASSOCIATION**

**Location: Connor Heffler Park Courts**

Due to the ever growing popularity of the game of Pickleball, Natick Recreation and Parks is reaching out to our residents interested in joining a new group that will work with the department on building the game here in Natick. If there is enough interest for this new group, The Natick Pickleball Association could be an avenue for maintenance, upkeep & improvements to the courts at Connor Heffler Park. It could also be a representative voice to expand offerings and opportunities for the pickleball community here in Natick. Possible opportunities are instructional clinics, equipment replacement, storage, wind screens, tournaments etc.

Anyone interested in this preliminary process is asked to contact Dan Keefe, Assistant Director of NRPD at [dkeefe@natickma.org](mailto:dkeefe@natickma.org). Once the plan for the Association is formalized, we will reach out with details on how to join and the benefits we foresee coming through the association. Membership would be available to Natick residents who are aged 18+.

*The NRPD would like to thank Bob Dreissig, Jim Acton and Doug Steinberg for taking the time to meet with and work with the NRPD towards a positive result at the new and beautiful Connor Heffler Park courts.*

**PICKLEBALL (adults-high school graduate and older)**

**Location: Wilson Middle School Gym**

Players must be out of high school. Participants will play a pick-up format of Pickleball with the teams different each week. Mondays will be geared for players who are beginners and advanced beginners, looking to have some instruction and clinic style play. Wednesdays will be geared for the more advanced players. (12 or 13 wks)

S#	Day	Dates	Times	Price
01	Mon	Sep 20-Dec 20	6:30-8:30 pm	\$90
02	Wed	Sep 22-Dec 22	6:30-8:30 pm	\$84

*(No program Sep 29, Oct 11, Nov 24)*

**AT THE TIME OF THIS PUBLICATION, THE NATICK BOARD OF HEALTH REQUIRES WEARING  
FACE MASKS INSIDE ALL TOWN OF NATICK OWNED BUILDINGS**

**PLAY TENNIS AMERICA (adults)**

**Instructor:** Longfellow Tennis Club Staff

**Location:** Longfellow Tennis Club, 16 Michigan Drive, Natick

Basic fundamentals taught for beginners and advance beginners only, no advanced players. (6 wks)

S#	Day	Dates	Times	Price
01	Sun	Sep 19-Oct 31	7:00-8:00 pm	\$123
02	Sun	Nov 7-Dec 19	7:00-8:00 pm	\$123

*(No program Oct 10, Nov 28)*

**SKYLINE**

*Serving the Natick Community and surrounding towns with adaptive and inclusive programs for individuals with special needs.*

**SPECTACULAR SATURDAY'S (teens and adults)**

**Location:** East School, 90 Oak Street, Natick

As we try to bring back some of our favorite classes, we are still planning earlier than the guidelines are coming out. All of these programs are subject to change and we will know more come registration time. Registration will be by day. We will hopefully add more classes as we learn more about what the fall will look like.

**MOVE WITH EVE**

**Instructor:** Eve Costarelli

**Location:** East School, 90 Oak Street, Natick

Tentative time: Saturday's at 10:00-10:45 am. Move with Eve is part yoga, dance and Wigong. Participants can explore and experience the joy of movement and freedom of expression within a supportive and creative environment. Regardless of experience, all are welcomed for this one of a kind experience! Walk, Roll, or Stroll!

**FUN WITH ART**

**Location:** East School, 90 Oak Street, Natick

Tentative time: Saturday's at 1:00-1:45 pm and 2:30-3:15 pm. Use your imagination and explore many ways to have fun with art.

**DANCE**

**Instructor:** Nancy Kelley

**Location:** East School, 90 Oak Street, Natick

Tentative time: Saturday's at 2:15-3:00 pm. Come join in on the fun and learn popular dance moves to catchy songs.

**TAI CHI • BEGINNING & ADVANCED (adults)**

**Instructor:** Jon Woodward, Certified Tai Chi Instructor

**Location:** East School Gym, 90 Oak Street, Natick

Tai Chi is an ancient form of Chinese exercise consisting of slow, beautiful, relaxed meditative movements. Tai Chi is sometimes described as "meditation in motion" because it promotes serenity through gentle movements-connecting the mind and body! (10 wks)

Class Type	Day	Dates	Times	Res Price	Non-Res Price
DEMO NIGHT	Mon	Sep 13	7:00-8:00 pm	Free	Free
Beg	Mon	Sep 20-Nov 22	6:30-7:30 pm	\$90	\$110
Adv	Mon	Sep 20-Nov 22	7:45-8:45 pm	\$90	\$110

*"Thank you to EVERYONE involved helping to make 2021 super safe, fun and creative!"*

**COFFEE HOUSE (teens and adults)**

**Location:** Cole Center

Coffee House will be back either virtually OR in person. Either way we will have a virtual option for individuals who still want to participate but cannot attend in person. Pre-registration will be required before the Friday event.

S#	Day	Dates	Times	Price
01	Fri	Sep 17	7:00-9:00 pm	\$TBD
02	Fri	Oct 1	7:00-9:00 pm	\$TBD
03	Fri	Nov 12	7:00-9:00 pm	\$TBD
04	Fri	Dec 10	7:00-9:00 pm	\$TBD

**MOVIE AND GAMES (teens and adults)**

**Location:** Cole Center

We are hopeful to bring back part of the Marylou favorite DMG! We will not be doing dinner or food at our events in the fall. We will however bring back the movie and game aspect of a fan favorite Friday night event in person if possible!

S#	Day	Dates	Times	Price
01	Fri	Oct 8	6:30-9:00 pm	\$TBD
02	Fri	Dec 3	6:30-9:00 pm	\$TBD

