



# Natick Recreation and Parks 2022 Spring Brochure



Register online at: <https://register.communitypass.net/natick>, for questions prior to registration, please call our office at 508-647-6530.  
Registration begins Tuesday March 29, 2022 at 12:00 pm

Hello Residents,

Recreation and Parks is committed to ensuring all Natick residents have the opportunity to experience physical and mental wellness through quality recreation programming. I am sure you will find something within our spring 2022 offerings to enhance your lives in Natick. It is my privilege to serve this wonderful community and I take great pride in offering equitable and inclusive programs to our citizens. Follow us on Facebook, Instagram and YouTube to make sure you don't miss out on our daily happenings!

**\*\*Please be mindful when registering that each program will comply with current Board of Health guidelines**

**-Karen Partanen, Recreation & Parks Director**

## RECREATION AND PARKS DEPARTMENT

179 Boden Lane  
Natick Ma, 01760  
Phone: 508-647-6530  
Fax: 508-647-6535  
Website: [www.natickma.gov/recreation](http://www.natickma.gov/recreation)  
Facebook: [Facebook.com/NatickRecParks](https://www.facebook.com/NatickRecParks)  
YouTube: Natick Recreation and Parks Department

## Business Hours:

Monday – Thursday: 8:00 am – 5:30 pm  
Friday: 8:00 am – 5:00 pm

## Summer Hours: (Starting July 5<sup>th</sup>)

Monday – Thursday 7:30 am – 4:30 pm  
Friday 7:30 am – 4:00 pm

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## ADMINISTRATIVE STAFF

Karen Partanen, Director  
Dan Keefe III, Assistant Director  
Mary-Lou Coffey, Executive Assistant  
Andrea Verdelli, Administrative Assistant  
Aaron Friedman, Program Director  
Lauren Meurer, Youth Program Coordinator  
Melissa Carter, Adaptive Program Coordinator  
Lisa Mapel, Receptionist  
Serena Roberts, Receptionist  
Shawn Gilbert, Custodian  
Kurt McDowell, General Manager – Sassamon Trace  
Eric Fontaine, Superintendent – Sassamon Trace  
Jill London, Playgroup Director

*Every program and activity in the Recreation and Parks Department is open to all, regardless of race, religion, color, gender, marital status, national origin, or persons with disabilities.*



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# **PRESCHOOL**

## **ON MY OWN PLAYGROUP (ages 2-pre-k)**

**Location: Cole Center**

Playgroup provides a comfortable and relaxed environment for your child to develop social skills with children their own age. Activities include: free play, physical play, art, circle time with music, stories and dance. Class will take place outside when possible. Staff will regularly clean any potentially shared equipment. Due to regulations, participants are limited to sign-up for a maximum of 2 days per week, registered by day of the week.

- Child must be the proper age on the first day of class. Must choose between either morning or afternoon session.
- Morning classes please bring a snack. Afternoon classes bring a lunch. **NO PEANUTS OR NUT PRODUCTS.**
- For more information on the program, please read our Parents Manual online at [www.natickma.gov/recreation](http://www.natickma.gov/recreation)
- **This program is NOT certified by the Department of EEC.**

**Session 1:** Apr 5–May 13 (5 wks)  
**(No program April 19-22)**

**Session 2:** May 17–Jun 17 (5 wks)

**AM (ages 2-3) 9:00-11:00 am** \$110/day of the week  
Select from: Tue, Wed, Thu OR Fri  
(Maximum 2 days a week per session)

**PM (3-pre-k) 11:30 am-2:00 pm** \$140/day of the week  
Select from: Tue, Wed, OR Thu  
(Maximum 2 days a week per session)



## **CHALLENGER • TINY TYKES SOCCER (ages 3-5)**

**Instructor: Challenger Sports Coaching Staff**

**Location: Cole Center Grass Field**

Tiny Tykes is an innovative program, created by childcare specialists that introduces children 2-5 years old to the basic skills of soccer. Challenger coaches use fundamental soccer activities, games and stories to develop skills in the following areas: balance and coordination, technical skills, gross motor skills, physical development, teamwork and social skills. Players get a free gift when registering, please choose between uniform & ball, Lenny the Lion stuffed toy, Lenny the Lion backpack or an inflatable goal. (5 wks)

<b>S#</b>	<b>Day</b>	<b>Dates</b>	<b>Time</b>	<b>Price</b>
01	Tue	May 3-May 31	10:30-11:15 am	\$80

*“What an amazing job coaches are doing with this program.”*

## **F.A.S.T • T-BALL (ages 3–pre k)**

**Instructor: F.A.S.T Athletics Coaching Staff**

**Location: Cole Center Grass Field**

All participants will learn the basic skills of fielding, throwing, hitting and base running. In addition, we will play games such as home run derby, last one standing and running bases. Learning and skill development are the priorities. (5 wks)

<b>S#</b>	<b>Day</b>	<b>Dates</b>	<b>Time</b>	<b>Price</b>
01	Tue	Apr 26-May 24	3:00-4:00 pm	\$80

## **TOT LEARN TO SKATE (ages 4-6)**

**Instructor: FMC Staff**

**Location: William L. Chase Arena, 35 Windsor Ave, Natick**

For participants with little or no formal skating experience. Our group skating classes teach skating basics in a fun and comfortable environment for all participants-those who wish to play hockey, figure skate or just enjoy skating with family or friends. Skaters will be grouped by age and/or ability when possible. Participants must be bathroom trained and all skaters are required to wear a helmet on the ice. Rental skates available through FMC for an additional charge. Participants who are currently enrolled in class but are moved to step 2, class times are the same.

<b>S#</b>	<b>Day</b>	<b>Dates</b>	<b>Time</b>	<b>Price</b>
01	Sat	May 7-Jun 25	11:25-11:50 am	\$145

*“It’s great to find employees as passionate about this town as I am”*

## YOUTH

### ARCHERY (grades 4-6)

**Instructor:** On the Mark Archery Staff

**Location:** Cole Center Gym, Natick

Social distance while still having fun together in this Olympic sport! Everyone receives their own bow, arrows, quiver and armguard to create an environment that allows the archers to focus on the shooting form and not stress about equipment sharing. Our certified USA Archery instructors empower the individual by training their instincts and mindset to concentrate on an objective and zero in on their target. All equipment provided. No prior experience needed. (4 wks)

S#	Day	Dates	Time	Price
01	Mon	Apr 25-May 16	6:15-7:15 pm	\$167

### INTERMEDIATE ARCHERY (grades 4-6)

**Instructor:** On the Mark Archery Staff

**Location:** Cole Center Gym, Natick

Mental and physical health are more important now than ever before since the pandemic. This program explores the form taught in the Olympic training camps known as the 'National Training System' (NTS) and learn a new way of shooting in a technical step-by-step outline that will improve your consistency, accuracy and mental fortitude. All equipment is provided. (5 wks)

S#	Day	Dates	Time	Price
01	Mon	May 23-Jun 27	6:15-7:15 pm	\$205

(No class May 30)

### APRIL VACATION SOCCER CLINIC (ages 7-11)

**Instructor:** Challenger Sports Coaches

**Location:** Wilson Middle School Field, 24 Rutledge Road

Challenger Sports International soccer programs bring coaches from around the world to share their experiences and a genuine interest in helping each player to develop fundamental skills. Each day is based around a different soccer topic as our coaches build up each player's skills in a fun and relaxed environment that encourages development. All campers will receive a jersey and ball. Friday will be used as the rain day make-up. (3 days)

S#	Day	Dates	Time	Price
01	Tue-Thu	Apr 19-Apr 21	9:00 am-12:00 pm	\$95

### DO YOU BELIEVE IN MAGIC • BEGINNER (ages 8-12)

**Instructor:** Joe Carota

**Location:** Cole Center

Learn the "art" of magic from a professional magician! Get hands-on assistance as you learn the secrets behind each trick. Participants will be able to keep a kit with props and booklet explaining each trick. Joe has new tricks to learn in each session. (5 wks)

S#	Day	Dates	Time	Price
01	Mon	Apr 25-May 23	4:00-5:15 pm	\$125

### DO YOU BELIEVE IN MAGIC • ADVANCED (ages 8-12)

**Instructor:** Joe Carota

**Location:** Cole Center

Expand on basic knowledge into new and more in-depth tricks in this hands-on "peak behind the curtain". Participants will be able to keep a kit with props and booklet explaining each trick. Joe has new tricks to learn in each session. It is recommended participants have taken beginner class or previous experience with magic tricks. (5 wks)

S#	Day	Dates	Time	Price
01	Fri	Apr 29-May 27	4:00-5:15 pm	\$125

### F.A.S.T FLAG FOOTBALL (grades 2-4)

**Instructor:** F.A.S.T Athletics Staff

**Location:** Cole Center Grass Field

F.A.S.T. Athletics will teach everyone game strategies, catching techniques and most importantly, how to work together as a team. The players will be able to participate in different situational games; Red Zone defense, fourth and inches and the QB Challenge. The F.A.S.T. Coaches will have tons of plays ready to go for their teams! (5 wks)

S#	Day	Dates	Time	Price
01	Tue	Apr 26-May 24	4:00-5:00 pm	\$87

### HOME ALONE SAFETY (grades 3-5)

**Instructor:** Juanita Allen, EMT and CPR & First Aid Instructor

**Location:** Cole Center

Girls and boys learn telephone and door answering techniques, internet safety and accident and fire protection. They will also learn some basic first aid and time management tips for when they are alone for short periods of time. (\*S1 elementary early release only)

S#	Day	Date	Time	Price
*01	Wed	Apr 6	12:30-2:00 pm	\$45
02	Fri	Apr 22	10:00-11:30 am	\$45

### INTRO TO THEATER #1 (ages 5-7)

**Instructor:** Cindy Wright

**Location:** Cole Center gym

Children will develop acting, musical and dance skills. There will be a short theatre performance at the last class. (6 wks)

S#	Day	Dates	Time	Price
01	Fri	Apr 29-Jun 3	3:30-4:30 pm	\$105

### INTRO TO THEATER #2 (ages 7-grade 4)

**Instructor:** Cindy Wright

**Location:** Cole Center gym

Children will develop acting, musical and dance skills. There will be a short theatre performance at the last class. (8 wks)

S#	Day	Dates	Time	Price
01	Fri	Apr 29-Jun 17	4:45-6:00 pm	\$135

## YOUTH CONTINUED...

### **IMPROVISATIONAL THEATER (grades 1-8)**

**Instructor: Cindy Wright**

**Location: Cole Center Gym**

In improvisational theater, most of what is performed is unscripted. The performers create the story, characters and dialogue spontaneously. In this one-day workshop, young performers will explore the techniques, which will help them grow as performers.

S#	Day	Date	Time	Grade	Price
01	Sat	Apr 9	9:30-11:00 am	1-4	\$33
02	Sat	Apr 9	11:30 am-1:30 pm	5-8	\$36

### **MINI MUSICAL THEATER (ages 5-10)**

**Instructor: Cindy Wright**

**Location: Cole Center Gym**

This program is a wonderful introduction to the world of musical theater. Children will sing, dance and act to bring a familiar story to life. Classes will be spent learning songs, dances and dialogue. Age appropriate roles will be assigned. Children will work toward an informal performance at the end of the last class. (4 days)

S#	Day	Dates	Time	Price
01	Tue-Fri	Apr 19-22	9:30 am-12:00 pm	\$135

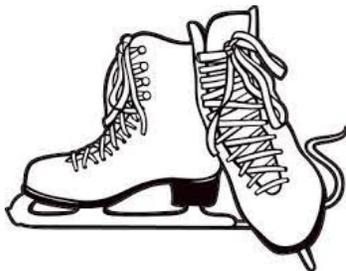
### **LEARN TO SKATE (ages 7-15)**

**Instructor: FMC Staff**

**Location: William L. Chase Arena, 35 Windsor Ave**

For participants with little or no formal skating experience. Our group skating classes teach skating basics in a fun and comfortable environment for all participants – those who wish to play hockey, figure skate or just enjoy skating with family or friends. Skaters will be grouped by age and/or ability when possible. All skaters are required to wear a helmet on the ice. Rental skates available through FMC for an additional charge. Participants currently enrolled in classes who are moved to Step 2, class will take place from 10:10-10:50 am. (8 wks)

S#	Day	Dates	Time	Price
01	Sat	May 7-Jun 25	10:55-11:20 am	\$145



### **PARENTS NIGHT OUT (ages 5-11)**

**Instructor: Recreation Staff**

**Location: Cole Center**

Drop the kids off for a night of games, crafts and movies while you have your own night of fun. Supervised by CPR & FA certified staff. A small pre-packaged snack will be served. NO cash snack bar or vending will be available at this time. **Multi-child discount: \$2 off per 2nd child and more PER INDIVIDUAL NIGHT REGISTRATION.**

S#	Day	Date	Time	Price
01	Sat	Apr 9	5:30-8:30 pm	\$22
02	Sat	Apr 23	5:30-8:30 pm	\$22
03	Sat	May 7	5:30-8:30 pm	\$22
04	Sat	May 21	5:30-8:30 pm	\$22
05	Sat	Jun 4	5:30-8:30 pm	\$22
06	Sat	Jun 18	5:30-8:30 pm	\$22

### **PLAY TENNIS AMERICA (grades 3-7)**

**Instructor: Natick Racquet Club Staff**

**Location: Natick Racquet Club, 16 Michigan Drive**

Basic fundamentals taught for beginners and advance beginners only, no advanced players. (6 wks)

S#	Day	Dates	Time	Grade	Price
01	Sun	May 1-Jun 12	5:00-6:00 pm	3 & 4	\$123
02	Sun	May 1-Jun 12	6:00-7:00 pm	5-7	\$123

**(No class May 29)**

### **SKYHAWKS BEACH VOLLEYBALL (ages 7-14)**

**Instructor: Skyhawks Staff**

**Location: J. J. Lane Park, Speen Street (next to the National Guard)**

Skyhawks Beach Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun-filled program. All aspects of the game are taught through drills and exercises that focus on bumping, setting, spiking, hitting and serving. Program is designed for the beginner to intermediate player. (6 wks)

S#	Day	Dates	Time	Age	Price
01	Tue	Apr 26-May 31	3:30-4:30 pm	7-9	\$85
02	Tue	Apr 26-May 31	4:30-5:30 pm	10-14	\$85

### **SKYHAWKS BASEBALL (ages 6-11)**

**Instructor: Skyhawks Staff**

**Location: Cole Center Grass Field**

Learn the fundamentals of fielding, catching, throwing, hitting, and base running all in a fun, positive environment. Specifically designed for beginning and intermediate players, this program teaches athletes new baseball skills along with vital life lessons such as respect, teamwork and responsibility. Don't forget your glove, water bottle and sunscreen. (6 wks)

S#	Day	Dates	Time	Age	Price
01	Thu	Apr 28-Jun 2	3:30-4:15 pm	6-8	\$70
02	Thu	Apr 28-Jun 2	4:15-5:00 pm	9-11	\$70

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## **YOUTH CONTINUED...**

### **SPEED AND ENDURANCE (ages 7-11)**

**Instructor: Kathy Fleming**

**Location: J.J. Lane Park, Speen Street (next to the National Guard)**

Speed and endurance are two essential qualities that children need to be able to compete to the best of their ability. Kathy Fleming a 1996 Olympic Trials Finalist and former Cross Country and Track Coach at Boston College can help you become a better all-around athlete. Through drills, hill running and working on running form and strength, your athlete will reach to new levels. Bring your running shoes and a water bottle. (5 wks)

<b>S#</b>	<b>Day</b>	<b>Dates</b>	<b>Time</b>	<b>Price</b>
01	Thu	Apr 28-May 26	4:15-5:15 pm	\$87

### **THEATER WORKSHOPS (grades 5-7)**

**Staff: Cindy Wright-Acting Director**

**Location: Cole Center Gym**

This program gives middle school kids an opportunity to experience and explore theater arts through their participation in acting and dance style workshops. There will be a performance including acting and music on the last day. (4 wks)

<b>S#</b>	<b>Day</b>	<b>Dates</b>	<b>Time</b>	<b>Price</b>
01	Sat	Apr 30-May 21	9:30-11:30 am	\$115

### **WICKED COOL CLASS: POTION MAKERS (grades k-2)**

**\*\*NEW\*\***

**Instructor: Wicked Cool For Kids**

**Location: Cole Center**

Engaging hands-on chemistry projects will encourage kids to be junior scientists. Unlock the secrets of the laboratory to create customized soaps, lotions and potions. Explore how chemists create formulas and make your own cool products to take home. Learn about chemical properties and reactions while making fizzing potions and secret solutions! (6 wks)

<b>S#</b>	<b>Day</b>	<b>Dates</b>	<b>Time</b>	<b>Price</b>
01	Tue	Apr 26-May 31	4:00-5:00 pm	\$150

### **WICKED COOL CLASS: LEGO ROBOTICS (grades 3-5)**

**\*\*NEW\*\***

**Instructor: Wicked Cool For Kids**

**Location: Cole Center**

The We-Do Robotics system features LEGO models that incorporate working motors and sensors with simple programming software. Kids will work as scientists and engineers to build, program, and test working models. Building dancing birds, drumming monkeys, and roaring lions to learn about simple machines, complex motion, and the concept of randomness. (6 wks)

<b>S#</b>	<b>Day</b>	<b>Dates</b>	<b>Time</b>	<b>Price</b>
01	Thu	Apr 28-Jun 2	4:00-5:00 pm	\$150

## **Natick Drama Workshop Presents...**

### **"LADY PIRATES OF CAPTAIN BREE"**

The crew of the Kayla May sees pirates in the distance – and jumps ship – leaving Captain Jennings with a makeshift crew of motley prisoners to protect his wealthy passengers from certain attack. As the Lady Pirates of Captain Bree take over the defenseless ship, you're in for a swashbuckling musical comedy with a host of hysterical characters on deck.

**Presented by Natick Drama Workshop  
Wilson Middle School, 24 Rutledge Road  
Saturday April 2, 2:00 & 6:30 pm  
Sunday April 3, 2:00 pm**

For information on tickets, please go to  
<https://www.natickdramaworkshop.org/>



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## TEENS

### TEEN CENTER (grades 6-10)

Location: Cole Center

The Teen Center is a drop-in, afterschool program for middle and early high school students living in Natick and/or attending Natick schools, in grades 6 and up. As Teen Center Members, students can take charge of their afterschool activities in the gym, game room, and on the fields, where they can play, create, and share freely amongst their peers. Open weekly Monday through Thursday (unless otherwise specified), the Teen Center offers a wide variety of programs and activities throughout the afternoon. CPR/FA certified staff are on site to lead programs, hang out with participants, and guide students through their exciting afternoons! **Natick Teen Program Membership is required, see below.**

Follow Natick Teen Programs on Facebook for an updated activity calendar & information on the classes, workshops, and events offered through the Recreation Department.

Day	Dates	Time
Mon-Thu	Present-June 16 <sup>th</sup>	2:15-6:00 pm

#### Special Dates:

**Closed:** Apr 18-22, May 30

**Open on early release day:** May 18, 11:30 am-6:00 pm

The Teen Center is a drop-in program only, so program participants may check in and out of the program throughout the afternoon, and the program is not responsible for them after closing time. To officially check out of the program, participants must leave the Cole Center property or join a new, registration-based program (such as a Soccer practice). This program is not licensed by the Department of Early Education and Care or any other state agency.

### NATICK TEEN PROGRAM MEMBERSHIP (grades 6+)

The Natick Teen Programs (NTP) Membership includes daily access to the Teen Center, special events, and discounts on all teen classes. Look for membership pricing in each program description.

Season:	Price
Fall (Sep-Nov)	\$75
Winter (Dec-Mar)	\$75
Spring (Apr-Jun)	\$75

Membership registration is online. Once registered, students will receive Teen Pass on their first visit to use at drop-in programs.

### NEW: 5<sup>th</sup> Grade Drop-In at the Teen Center

Current 5<sup>th</sup> graders can check out the Teen Center for the first time, starting in the last month of the school year! 5<sup>th</sup> graders will receive their own pass, and be able to visit 1 day/week this spring. This is a great preview of what is to come next year, when they can visit the Teen Center every day! Transportation from KMS & WMS is included, pickup in front of the school after dismissal.

Spring Membership is required, and participants must sign a Code of Conduct upon arrival.

Day	Dates	Time
Tue	May 3-Jun 14	2:15-6:00 pm

Season:	Price
Spring (Apr-Jun)	\$10

Membership registration is online. Once registered, students will receive Teen Pass on their first visit to use at drop-in programs.

*"Each kid felt so excited and welcome"*



## TEEN CONTINUED...

### BLAST Baby Sitting \*NOW with CPR/AED Certification (grades 6-9)

**Instructor:** Juanita Allen, EMT/CPR & First Aid Instructor  
**Location:** Cole Center

Join us for a Babysitting class and get CPR/AED certified, too! We will cover how to react responsibly to medical emergencies, perform first aid for common childhood injuries, how to best call 911 and how to prevent and relieve choking. You'll be prepared to interview for a babysitting job, select safe activities for children of different ages and run your own babysitting business. You'll leave with a certificate of completion for babysitting, a First Aid book, and upon successful completion, you will also be certified in CPR/AED.

S#	Day	Date	Time	Mem Price	Non-Mem Price
01	Mon	Jun 6	3:00-6:00 pm	\$80	\$85

### APRIL ADVENTURE WEEK (grades 5-8)

**Instructor:** Recreation Staff

Join our Recreation staff on a different adventure each day, visiting local attractions and embarking on new adventures! Participants should bring sneakers with a good sole, a lunch that does not need to be refrigerated, snack, water bottle and a backpack. All activities listed are dependent on weather and availability, and subject to change.

Waivers are required for various activities and must be completed by a parent or guardian. These forms will be made available at the beginning of the week. Participants will not be able to attend if the form is not filled out.

**01 Urban Air Trampoline Park**

**02 Boda Borg**

**03 TreeTop Adventures**

S#	Day	Date	Time	Mem Price	Non-Mem Price
01	Tue	Apr 19	9:00 am-4:00pm	\$80	\$85
02	Wed	Apr 20	9:00 am-4:00pm	\$80	\$85
03	Thu	Apr 21	9:00 am-4:00pm	\$80	\$85



### DUNGEONS AND DRAGONS (grades 5-12)

**Instructor:** Recreation Staff

**Location:** Cole Center

Want to go on fantastic adventures like your favorite book, movie and game characters? Brave enchanted woods, outwit foes and thwart ancient monsters! Come try Dungeons and Dragons! No experience necessary, but participants should bring their books and/or dice if available. Please bring a bagged dinner.

Once registered, participants will be assigned to one of two campaigns, and will remain with that group for the entire season. When registering, participants can request up to two friends on their campaign.

S#	Day	Dates	Mem Price	Non-Mem Price
01	Fri	Apr 29, May 13, Jun 3	\$55	\$60
02	Fri	May 6, May 20, Jun 10	\$55	\$60



### FANTASTIC FRIDAYS (grades 5-6)

**Instructor:** Teen Center Staff

**Location:** Cole Center

Enjoy a night out at Fantastic Fridays. The gym and game room are always open, with a DJ, ping-pong, air hockey, basketball, pool, and more. Concessions are for sale as a fundraiser for future activities. Theme nights include dodgeball, movie night, sports night, trivia night, and more! Chaperoned by recreation staff.

S#	Day	Date	Time	Mem Price	Non-Mem Price
01	Fri	Apr 1	7:00-9:00 pm	\$5	\$10
02	Fri	May 6	7:00-9:00 pm	\$5	\$10
03	Fri	Jun 3	7:00-9:00 pm	\$5	\$10

## METROWEST E-SPORTS LEAGUES (YOUTH, TEEN, & ADULT)

The MetroWest Recreational E-Sports league provides safe and inclusive gaming to participants of all ages and abilities!

**Now offering adult leagues (ages 18 & up)!**

This league is hosted by GG Leagues to ensure fair gaming for all participants. Participants will have the ability to chat with their opponent, play against their friends, and compete to be the best in the Metro West area! All interactions are monitored by GG Leagues, with support from Natick Recreation and Parks to ensure a safe, positive experience.

Leagues run for 6 weeks (5 weeks of a regular season, 1 week of playoffs).

**Registration opens 3/29 and closes 4/4.**

League season passes cost \$30, \$25 for NTP members.

### Key:

**(Y) Youth: 8-12**

**(T) Teen: 13-18**

**(A) Adult: 18 +**

### MONDAYS

#### **MADDEN 22**

System: PS5 with PlayStation Plus Subscription

**(Y)** 7:00-8:00 pm

**(T)** 8:00-9:00 pm

**(A)** 9:00-10:00 pm

#### **MADDEN 22**

System: Xbox Series X/S with Xbox Live Subscription

**(Y)** 7:00-8:00 pm

**(T)** 8:00-9:00 pm

**(A)** 9:00-10:00 pm

#### **MARIO KART 8 DELUXE**

**System:** Nintendo Switch with Nintendo Switch Online Subscription

**(Y)** 7:00-8:00 pm

**(T)** 8:00-9:00 pm

**(A)** 9:00-10:00 pm

### TUESDAYS

#### **FORTNITE 1v1**

System: PC, Nintendo Switch, PlayStation, Xbox

**(T)** 8:00-9:00 pm

**(A)** 9:00-10:00 pm

### WEDNESDAYS

#### **ROCKET LEAGUE 1v1**

Skill level: Beginner

System: PlayStation, Xbox, PC, Nintendo Switch

**(Y)** 7:00-8:00 pm

**(T)** 8:00-9:00 pm

**(A)** 9:00-10:00 pm

#### **ROCKET LEAGUE 1v1**

Skill level: Competitive

System: PlayStation, Xbox, PC, Nintendo Switch

**(Y)** 7:00-8:00 pm

**(T)** 8:00-9:00 pm

**(A)** 9:00-10:00 pm

### WEDNESDAYS CONTINUED...

#### **ROCKET LEAGUE 3v3**

Skill level: **Competitive**

System: PlayStation, Xbox, PC, Nintendo Switch

**Requirements:** Teams must register with GG Leagues with a TEAM OF 3 or you'll be assigned to a team.

**(Y)** 7:00-8:00 pm

**(T)** 8:00-9:00 pm

**(A)** 9:00-10:00 pm

#### **ROCKET LEAGUE 3v3**

Skill level: **Beginner**

System: PlayStation, Xbox, PC, Nintendo Switch

**Requirements:** Teams must register with GG Leagues with a TEAM OF 3 or you'll be assigned to a team.

**(Y)** 7:00-8:00 pm

**(T)** 8:00-9:00 pm

**(A)** 9:00-10:00 pm

### THURSDAYS

#### **SUPER SMASH BROS**

System: Nintendo Switch with Nintendo Switch Online Subscription

**(Y)** 7:00-8:00 pm

**(T)** 8:00-9:00 pm

**(A)** 9:00-10:00 pm

### FRIDAYS

#### **FORTNITE 2v2**

System: PC, Nintendo Switch, PlayStation, Xbox

**Requirements:** Teams must register with GG Leagues with a TEAM OF 2 or you'll be assigned to a team.

**(T)** 8:00-9:00 pm

**(A)** 9:00-10:00 pm

## ADULT

### ADULT LEARN TO SKATE (ages 16 & up)

Instructor: FMC Staff

Location: William L. Chase Arena – 35 Windsor Ave

It's never too late to learn how to skate! Participants 16 years and older are invited to learn to skate or enhance skating skills in a fun and comfortable environment. Skaters will be grouped by age/ability when possible. All skaters are required to wear a helmet on the ice. Rental skates available through FMC for an additional charge.

S#	Day	Dates	Time	Price
01	Sat	May 7-Jun 25	10:00-10:50 am	\$145

### ARCHERY (grades 6 & up)

Instructor: On the Mark Archery Staff

Location: Cole Center Gym

The perfect social distancing activity this spring is archery! This martial art sport boosts self-confidence and belief with the synergy that is required to learn the way of the bow. Mastery of the sport takes years, but fundamental success is possible with a focused mind and a determined attitude. All equipment is provided. Beginners and intermediates welcome. (4 wks)

S#	Day	Dates	Time	Price
01	Mon	Apr 25-May 16	7:15-8:15 pm	\$167

### INTERMEDIATE ARCHERY (grades 6 & up)

Instructor: On the Mark Archery Staff

Location: Cole Center Gym

Mental and physical health are more important now than ever since the pandemic. Explore the shooting form taught in the Olympic training camps known as the 'National Training System' (NTS) and learn a new way of shooting in a technical step-by-step outline that will improve your consistency, accuracy and mental fortitude. All equipment is provided. (5 wks)

S#	Day	Dates	Time	Price
01	Mon	May 23-Jun 27	7:15-8:15 pm	\$205

(No class May 30)

### FIRST AID AND CPR CERTIFICATION (16+ Years old)

Instructor: Juanita Allen, EMT and CPR & First Aid Instructor

Location: TBD

This certified course is designed for individuals who may need to respond to a First-Aid emergency. Participants will learn how to handle injuries and manage illness in the first few minutes until professional help arrives. An in-person skills check will take place with the instructor. Certification is good for 2 years.

S#	Day	Date	Time	Price
01	Mon	Jun 6	6:15-8:45 pm	\$80

### PLAY TENNIS AMERICA (adults)

Instructor: Natick Racquet Club Staff

Location: Natick Racquet Club, 16 Michigan Drive

Basic fundamentals taught for beginners and advance beginners only, no advanced players. (6 wks)

S#	Day	Dates	Time	Price
01	Sun	May 1-Jun 12	7:00-8:00 pm	\$123

(No class May 29)

### PICKLEBALL LESSONS \*\* NEW\*\* (adults-high school graduate and older)

Location: Connor Heffler Park, 90 Oak Street

Instructor: Doug Steinberg, Certified PPR Coach

Learn the fundamentals of the game of Pickleball. Recommended for all players new to the game, beginners and players getting back into the game. Two-day clinics will include instruction on the grip, ready position, safety and a basic overview of shots and footwork drills. Paddles are not included; you must have your own paddle.

In case of inclement weather cancellation, session will adjust or add a week.

(Session includes two 90 minute classes)

S#	Day	Dates	Time	Price
01	Sat	Apr 30 & May 7	11:30 am-1:00 pm	\$65
02	Thu	May 26 & Jun 2	12:00-1:30 pm	\$65

### PICKLEBALL CLINIC • UP THE RIVER/DOWN THE RIVER \*\* NEW\*\* (adults-high school graduate and older)

Location: Connor Heffler Park, 90 Oak Street, Natick

Instructor: Doug Steinberg, Certified PPR Coach

Participants play games in 15 minute increments. At the end of the game, two players with the most points move up a court and the two with lower point totals move down a court. During play, formal coaching will be given. One of the main goals of this clinic is to place equal level players with one another. Recommended for mid-beginners to intermediate levels. Paddles are not included; you must have your own paddle.

In case of inclement weather cancellation, session will adjust or add a week.

S#	Day	Date	Time	Price
01	Thu	Apr 28	12:00-2:00 pm	\$20
02	Thu	May 12	12:00-2:00 pm	\$20
03	Thu	May 19	12:00-2:00 pm	\$20
04	Thu	Jun 9	12:00-2:00 pm	\$20

## **ADULT CONTINUED...**

### **SLOW PITCH SOFTBALL (WOMEN) (adult women-high school graduate or older)**

**Location: Coolidge Field**

When signing up, please put down the team you would like to play for, if known. **Teams from previous year will have first opportunity.** Any new players, who have any questions, please call the NR&PD at (508) 647-6530. We will try to accommodate all who register.

S#	Day	Dates	Time	Res Price	Non-Res Price
01	Tue	May 10-early Aug	6:15 pm	\$55	\$75

### **TAI CHI • BEGINNING & ADVANCED (adults)**

**Instructor: Jon Woodward, Certified Tai Chi Instructor**

**Location: East School Gym, 90 Oak Street, Natick**

Tai Chi is an ancient form of Chinese exercise consisting of slow, beautiful, relaxed meditative movements. Tai Chi is sometimes described as "meditation in motion" because it promotes serenity through gentle movements connecting the mind and body! (10 wks)

S#	Day	Dates	Time	Price
Beg	Mon	Apr 4-Jun 20	6:30-7:30 pm	\$85
Adv	Mon	Apr 4-Jun 20	7:45-8:45 pm	\$85

**(No class May 9, 30)**

## **SKYLINE/ADAPTIVE**

*Serving the Natick Community and surrounding towns with adaptive and inclusive programs for individuals with special needs.*

### **SPECTACULAR SATURDAY'S (teens and adults)**

**Location: East School, 90 Oak St**

**Session 1: Apr 2, 9, 23 & 30.**

**Session 2, May 21, Jun 4, 11, & 18**

**Fee: \$94 (for each class per session)**

As we continue to bring back some of our favorite classes we would like to remind all participants that face coverings are following the most up to date guidelines at all of our programs. If you register for consecutive Saturday day programs you will be allowed to stay in the building for the transitions. IF you are attending for the lunch timeframe please register for it and bring your own lunch. We will not have any way to provide lunch. Each program will be broken up into two (4) week sessions.

### **ATHLETIC ADVENTURE**

**Location: East School, 90 Oak St**

**Time: 10:00-10:45 am.**

We will be utilizing the space to the best of our abilities to find athletic courses each time we meet. From basketball to hikes around the property we will find adventure through fitness.

### **MOVE WITH EVE**

**Instructor: Eve Costarelli**

**Location: East School, 90 Oak St**

**Time: 11:00-11:45 am.**

Move with Eve is part yoga, dance and Qigong. Participants can explore and experience the joy of movement and freedom of expression within a supportive, creative environment. All are welcomed for this one of a kind experience! Walk, Roll, or Stroll!

### **FUN WITH ART**

**Location: East School, 90 Oak St**

**Time: 11:00-11:45pm.**

Use your imagination and explore many ways to have fun with art.

### **SATURDAY'S BRING YOUR OWN LUNCH BUNCH**

**Location: East School, 90 Oak St**

**Time: 12:00-12:45 pm.**

Join us for lunch as we socialize and eat together at the East school! Please remember there will be no options for food onsite and you must bring your lunch with you. We need an attendance for the individuals that plan to stay onsite so, even though there is no cost to lunch, you will need to register if you plan to stay.

### **BOARD GAMES**

**Location: East School, 90 Oak St**

**Time: 1:00-1:45 pm.**

We are excited to bring back this fan favorite and get together to play some games! We may include games without boards such as Uno and Connect 4. Each week we will have a new option to play while still having fan favorite games around for people to enjoy.

### **DANCE**

**Instructor: Nancy Kelley**

**Location: Cole Center**

**Time: 2:15-3:00 pm.**

Come join in on the fun and learn popular dance moves to catchy songs.

## **SKYLINE/ADAPTIVE CONTINUED...**

### **COFFEE HOUSE (teens and adults)**

**Location: Cole Center**

Coffee House will be back in person. We will have a virtual option for individuals who still want to participate but cannot attend in person. Pre-registration will be required by the Wednesday before the Friday event.

<b>S#</b>	<b>Day</b>	<b>Date</b>	<b>Time</b>	<b>Price</b>
01	Fri	Apr 29	7:00-9:00 pm	\$20
02	Fri	May 20	7:00-9:00 pm	\$20

### **VIRTUAL COFFEE HOUSE (teens and adults)**

**Location: Online**

Sing along to the in-person individuals who are participating at the Cole Center or just join in on a dance party! \*Please note that at this time the Virtual Coffee House will now just act as a stream into the live program and the individuals participating online will no longer get their own song but will be able to socialize in between songs!

<b>S#</b>	<b>Day</b>	<b>Date</b>	<b>Time</b>	<b>Price</b>
01	Fri	Apr 29	7:00-9:00 pm	\$5
02	Fri	May 20	7:00-9:00 pm	\$5

### **DOGS\* MOVIE AND GAMES (teens and adults)**

**Location: Cole Center**

Dinner movie and games will now have hot dogs as the option for dinner. If there are any dietary restrictions or non-hot dog lovers, who still want to attend, we welcome you to bring your own meal to the program. There are no substitutions at this time. We will continue the movie and game aspect of this fan favorite Friday night event in person as well!

<b>S#</b>	<b>Day</b>	<b>Date</b>	<b>Time</b>	<b>Price</b>
01	Fri	Apr 8	6:30-9:00 pm	\$20
02	Fri	Jun 10	6:30-9:00 pm	\$20

### **MOVIE AT THE THEATER (teens and adults)**

**Location: AMC**

**Date/Time: TBD**

Do you miss going to the movie theater with friends? We are organizing to have a whole movie theater to ourselves! That way we can insure the individuals in the theater are all our registered participants. Look out for more information on this as at registration!

### **VIRTUAL CAMP FIRE**

**Location: Online**

It is time to buckle in and sit around a virtual campfire for stories, games and memory shares!

<b>S#</b>	<b>Day</b>	<b>Date</b>	<b>Time</b>	<b>Price</b>
01	Tue	Apr 19	6:30-8:00 pm	\$10

### **SATURDAY'S VIRTUAL LUNCH BUNCH**

**Location: Online**

Join us for lunch as we socialize, play games and eat together over the computer!

<b>S#</b>	<b>Day</b>	<b>Date</b>	<b>Time</b>	<b>Price</b>
L1	Sat	Apr 9	12:00-1:00 pm	\$5
L2	Sat	Apr 16	12:00-1:00 pm	\$5
L3	Sat	May 14	12:00-1:00 pm	\$5
L4	Sat	Jun 4	12:00-1:00 pm	\$5
L5	Sat	Jun 11	12:00-1:00 pm	\$5

### **SKYLINE SPECIAL EVENTS (teens and adults)**

**Location: Various locations**

We are working hard to bring back a couple of our favorite special events throughout the spring. Be on the lookout at registration for more information.

### **SKYLINE SOFTBALL (teens and adults)**

**Location: Cole Center Grass Field**

Skyline softball is headed back to our fields this spring. Please note the dates, we have moved our program earlier to reflect our spring season and we hope to catch the better weather! Come learn the fundamentals for softball with the crew!

<b>S#</b>	<b>Day</b>	<b>Dates</b>	<b>Time</b>	<b>Price</b>
01	Tue	Apr 26-Jun 7	6:30-8:00 pm	\$80

### **ALL INCLUSIVE SPRING FLING: LOVE MAKES THE WORLD GO ROUND (Families)**

**Location: Camp Arrowhead, 1055 Worcester Rd**

We have connected with Eve and the Cultural Counsel to provide an outdoor dance event for this spring for families at no cost to you. Please note that the event is weather dependent. Registration is on Community Pass so families can let us know of their interest and if we cancel we will send an e-mail to all who have registered. Parking is limited onsite and you may need to park at the AMVETS and walk the rail trail to the Arrowhead location. The 2-hour program will have a warm up, then some stretching, followed by some instructor lead dance moves then finishing with group dancing and hanging out. This is not a program where staff are responsible for individuals attending. Anyone attending that needs assistance should attend with an aide/family member. The dance is designed for families to attend together.

<b>S#</b>	<b>Day</b>	<b>Dates</b>	<b>Time</b>	<b>Price</b>
01	Sun	May 1	1:00-3:00 pm	FREE

### **TICKET TO ADVENTURE (teens and adults)**

**Location: Meet at the Cole Center**

Enjoy three Saturday nights out with an event and dinner every time! Embark on new adventures with your favorite friends.

<b>S#</b>	<b>Day</b>	<b>Dates</b>	<b>Time</b>	<b>Price</b>
01	Sat	Apr 2, 16 & 30	5:30-10:30 pm	\$175

Register online at: <https://register.communitypass.net/natick>, for questions prior to registration, please call our office at 508-647-6530. Registration begins Tuesday March 29, 2022 at 12:00 pm

# **SASSAMON TRACE GOLF COURSE**

Registration for Sassamon is open at [Sassamontrace.com](http://Sassamontrace.com)

## **Sassamon Trace Golf Course**

The Natick Recreation and Parks Department is proud to provide Natick with a quality 9-hole, par 32 golf course conveniently located at 233 South Main Street.

Sassamon Trace offers a wide variety of services and merchandise to serve your golfing needs.

### **2022 Season Passes (Resident Fees) (Sold Out)**

Please email to add your name to the waiting list for future seasons: [sassamontrace@rcn.com](mailto:sassamontrace@rcn.com)

- Adult 7 Day Pass \$1000
- Senior 7 Day Pass \$850
- Junior 7 Day Pass \$600
- Summer 7 Day Student Pass \$450
- Limited Weekday Pass \$750

Seniors: 60 & over  
Juniors: 17 & under

Summer Pass for full time students 21 & under  
Reduced fees for spouses and additional juniors

### **9-Hole Daily Golf Fees**

	<b>Mon-Fri</b>	<b>Sat-Sun</b>
• Adults	\$25	\$29
• Seniors	\$20	\$29
• Juniors	\$20	\$29

### **Adult Group Instruction**

There will be 5 hours of instruction spread over 4 meetings. Classes focus on new and beginning golfers.  
Fee: \$120 per 4 week session.

### **Junior Group Instruction**

There will be 5 hours of instruction spread over 4 meetings. Emphasis will be placed on sound fundamentals and swing techniques.

Fee: \$120 per 4 day session - for juniors 10 and older

For ages 6-9 a 30 minute class will be held on the same days from 11:15-11:45. Fee: \$50 per 4 day session

Class size is limited to 4 students for greater personal attention. Golf equipment will be provided if needed.

**Registration is open at [sassamontrace.com](http://sassamontrace.com)**

## **Adult and Junior Golf Leagues**

Sassamon Trace offers the following recreational golf leagues. Call 508-655-1330 for more info.

- Tuesday Evening Men's League
- Tuesday Morning Junior Tour
- Wednesday Evening Men's League
- Wednesday Morning Women's League
- Thursday Evening Women's League

# *Natick Recreation & Parks*

**People Driven. Service Focused.**



**Registration is open at [sassamontrace.com](http://sassamontrace.com)**