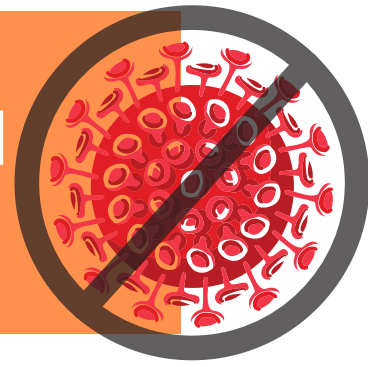




PLEASE PROTECT YOURSELF AND YOUR COWORKERS FROM COVID-19



Stay home if you have any of these symptoms:

FEVER
or
SHORTNESS OF BREATH
or
COUGH

Other symptoms:

- chills
- repeated shaking with chills
- muscle pain
- headache
- sore throat
- loss of taste or smell

Wash your hands often



for at least 20 seconds! Try singing "Happy Birthday" twice through.

Wear a fabric mask safely.



Masks should cover from just under the bridge of your nose to under your chin.

Make sure to tighten the loops or ties around your ears so it's snug and there are no gaps.

MASK TIPS

- ✓ **ALWAYS** wash your hands before and after wearing a mask.
- ✓ Use the ties or loops to put your mask on and pull it off.
- ✓ Don't touch the front of the mask, especially when you take it off.
- ✓ Put on and remove your mask while inside your home. Public spaces may be more contaminated.
- ✓ Wash and dry your cloth mask daily. Store it in a clean and dry place.
- ✓ Masks offer only limited protection. Make sure to continue to wash your hands and physical distance!



Don't: Wear your mask below your nose.



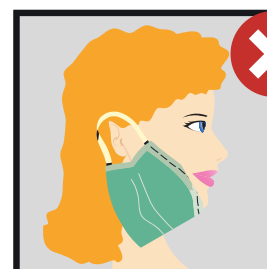
Don't: Leave your chin exposed.



Don't: Wear your mask loosely with gaps on the side.



Don't: Wear your mask so it covers just the tip of your nose.



Don't: Push your mask under your chin to rest on your neck.